

Review

Toxicity, metabolism, and impact of mycotoxins on humans and animals

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Abstract

The worldwide contamination of foods and feeds with mycotoxins is a significant problem. Mycotoxins are secondary metabolites of molds that have adverse effects on humans, animals, and crops that result in illnesses and economic losses. Aflatoxins, ochratoxins, trichothecenes, zearalenone, fumonisins, tremorgenic toxins, and ergot alkaloids are the mycotoxins of greatest agro-economic importance. Some molds are capable of producing more than one mycotoxin and some mycotoxins are produced by more than one fungal species. Often more than one mycotoxin is found on a contaminated substrate. Factors influencing the presence of mycotoxins in foods or feeds include environmental conditions related to storage that can be controlled. Other extrinsic factors such as climate or intrinsic factors such as fungal strain specificity, strain variation, and instability of toxigenic properties are more difficult to control. Mycotoxins have various acute and chronic effects on humans and animals (especially monogastrics) depending on species and susceptibility of an animal within a species. Ruminants have, however, generally been more resistant to the adverse effects of mycotoxins. This is because the rumen microbiota is capable of degrading mycotoxins. The economic impact of mycotoxins include loss of human and animal life, increased health care and veterinary care costs, reduced livestock production, disposal of contaminated foods and feeds, and investment in research and applications to reduce severity of the mycotoxin problem. Although efforts have continued internationally to set guidelines to control mycotoxins, practical measures have not been adequately implemented. © 2001 Elsevier Science Ireland Ltd. All rights reserved.

Keywords: Mycotoxins; Aflatoxins; Ruminants; Non-ruminants

1. Introduction

Mycotoxins are produced mainly by the mycelial structure of filamentous fungi, or more specifically, the molds. Mycotoxins are secondary metabolites that have no biochemical significance

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in fungal growth and development (Moss, 1991). Toxigenic molds are known to produce one or more of these toxic secondary metabolites. It is well established that not all molds are toxigenic and not all secondary metabolites from molds are toxic. Examples of mycotoxins of greatest public health and agro-economic significance include aflatoxins (AF), ochratoxins (OT), trichothecenes, zearalenone (ZEN), fumonisins (F), tremorgenic toxins, and ergot alkaloids. These toxins account for millions of dollars annually in losses worldwide in human health, animal health, and condemned agricultural products (Shane, 1994; Vasanthi and Bhat, 1998). Factors contributing to the presence or production of mycotoxins in foods or feeds include storage, environmental, and ecological conditions. Often times most factors are beyond human control.

In 1993, the WHO-International Agency for Research on Cancer (WHO-IARC, 1993a,b) evaluated the carcinogenic potential of AF, OT, trichothecenes, ZEN, and F. Naturally occurring AF were classified as carcinogenic to humans (Group 1) while OT and F were classified as possible carcinogens (Group 2B). Trichothecenes and ZEN, however, were not classified as human carcinogens (Group 3). The health hazards of mycotoxins to humans (Peraica et al., 1999) or animals (D'Mello and MacDonald, 1997) have been reviewed extensively in recent years.

Factors affecting the magnitude of toxicity of humans or animals consuming mycotoxin-contaminated foods or feeds, respectively, include species, mechanisms/modes of action, metabolism, and defense mechanisms. In early studies on AF, species specific acute toxicities were reported. The LD₅₀ were 0.4, 1, and 500 mg/kg for ducklings, rats, and sheep, respectively (Wogan, 1966). Mechanisms and modes of mycotoxin action are only beginning to shed light on the interspecies and sometimes individual variations in toxic endpoints. For example, AF are known to bind DNA and induce mutagenic and carcinogenic effects in rats (Croy et al., 1978; Bennett et al., 1981; Foster et al., 1983; Muench et al., 1983). However, thymic depression, decreased T-cell function, and cellular immunity are the modes of AF action in bovines (Paul et al., 1977), ovines (Fernandez et al., 2000), and porcines (Pang and Pan, 1994).

Metabolism and defense mechanisms are important factors in understanding mycotoxin toxicity in specific species or individual animals. Specificity of such mechanisms are well demonstrated in the significant difference between ruminants and non-ruminants in handling mycotoxins. Ruminants have generally been more resistant to the adverse effects of mycotoxins (Wogan, 1966; Helferich et al., 1986). *In vitro* studies have shown the ability of the rumen microbiota to degrade mycotoxins (Ribelin et al., 1978; Kiessling et al., 1984; Swanson et al., 1987). Understanding the metabolic pathways of mycotoxins in ruminants and non-ruminants could enable researchers and public health officials to gain insight on how to assess the associated risks of mycotoxin exposure in various species. The first objective of this review was to identify the key mycotoxins commonly found in foods or feeds, demonstrate their negative effects on humans or animals, and explain their modes of action. The second objective was to explore the potential role of ruminants in detoxification of mycotoxins.

2. Mycotoxins in foods and feeds

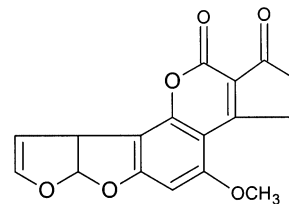
Mycotoxicoses in humans or animals are characterized as food or feed related, non-contagious, non-transferable, non-infectious, and non-traceable to microorganisms other than fungi. Clinical symptoms usually subside upon removal of contaminated food or feed (Robb, 1990). Although there are over 300 mycotoxins that have been isolated and chemically characterized (Betina, 1984), research has focused on those forms causing significant injuries to humans and their farm or companion animals. These include AF, OT, trichothecenes, ZEN, F, and ergot alkaloids. There have also been recent concerns over other toxins such as citrinin and sterigmatocystin.

Mycotoxins that adversely affect human or animal health are found mainly in post-harvest crops such as cereal grains or forages. These toxins are produced by saprophytic fungi during storage or by endophytic fungi during plant growth. Mycotoxins are generally lipophilic (except for FB) and, therefore, they tend to accumulate in the fat frac-

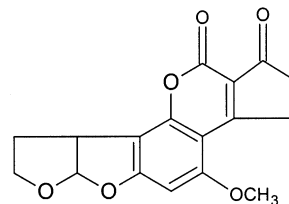
tion of plants and animals. Examples of fungal species and mycotoxins of biological and economical significance in animal agriculture are presented (D'Mello and MacDonald, 1997) in Table 1. In general, mycotoxins are categorized by fungal species, structure, and(or) mode of action. It should be noted, however, that a single species of fungi may produce one or several mycotoxins and individual mycotoxins may be produced by different fungal species. For example, AF are produced by several fungal species, have numerous structural variations, and have different modes of action depending on the target animal (Eaton et al., 1994).

2.1. Aflatoxins

Aflatoxins (A-flavus-toxins) are the most studied (> 5000 publications) group of mycotoxins and are produced by different species of the genus *Aspergillus*. They were initially isolated and identified as the cause of the Turkey X disease (i.e. hepatic necrosis) in 1960 (Asao et al., 1963). Aflatoxins (Fig. 1 [AFB₁ and AFB₂], Fig. 2 [AFG₁ and AFG₂], and Fig. 3 [AFM₁ and AFM₂; metabolites found in milk]) are dihydrofuran or tetrahydrofuran moieties fused to a coumarin



Aflatoxin B₁



Aflatoxin B₂

Fig. 1. Chemical structure of aflatoxin B (AFB₁ and AFB₂).

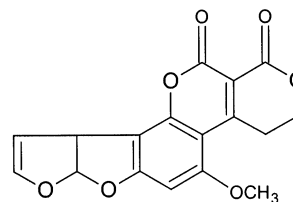
ring. There are over 20 isolated AF derivatives produced by several fungal species. For example, *Aspergillus flavus* produces AFB₁ and AFB₂

Table 1

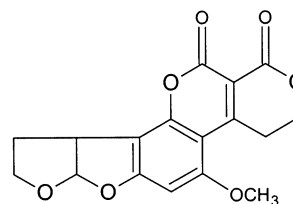
Examples of fungal species and mycotoxins of biological and economical significance in animal agriculture (D'Mello and MacDonald, 1997)

Fungal species	Mycotoxin
<i>Aspergillus flavus</i> and <i>A. parasticus</i>	Aflatoxins
<i>A. ochraceus</i> , <i>Penicillium viridicatum</i> , and <i>P. cyclopium</i>	Ochratoxin A
<i>Fusarium culmorum</i> , <i>F. graminearum</i> , and <i>F. sporotrichioides</i>	Deoxynivalenol
<i>F. sporotrichioides</i> and <i>F. poae</i>	T-2 toxin
<i>F. sporotrichioides</i> , <i>F. graminearum</i> , and <i>F. poae</i>	Diacetoxyscirpenol
<i>F. culmorum</i> , <i>F. graminearum</i> , and <i>F. sporotrichioides</i>	Zearalenone
<i>F. proliferatum</i> , <i>F. verticillioides</i>	Fumonisin
<i>Acremonium coenophialum</i>	Ergopeptine alkaloids
<i>A. lolii</i>	Lolitrems alkaloids

D'Mello and MacDonald, 1997.



Aflatoxin G₁



Aflatoxin G₂

Fig. 2. Chemical structure of aflatoxin G (AFG₁ and AFG₂).

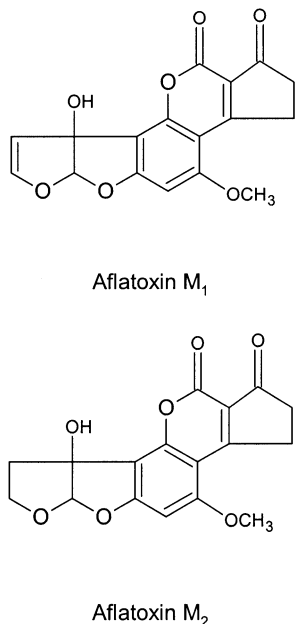


Fig. 3. Chemical structure of aflatoxin M (AFM₁ and AFM₂).

whereas *A. parasiticus* produces AFB₁, AFB₂, AFG₁, and AFG₂ (D'Mello and MacDonald, 1997). These AF, like many other heterocyclic compounds, fluoresce and are distinguished by their fluorescing properties. Both AFB₁ and AFB₂ fluoresce blue and AFG₁ and AFG₂ fluoresce yellow-green under ultraviolet light (Sargeant, 1963). Variations in the magnitude of toxicity exist among AF. For example, AFB₁ is the most toxic in both acute and chronic aflatoxicoses whereas AFM₁ (i.e. a metabolite in milk) is as acutely hepatotoxic as AFB₁ but not as carcinogenic (Carnaghan et al., 1963). These investigators illustrated the various relative potencies of different AF and reported LD₅₀ values of 0.36, 0.78, 1.70, and 3.44 mg/kg of ducklings consuming AFB₁, AFG₁, AFB₂, or AFG₂, respectively. Such findings were later confirmed in vitro (Terao and Ueno, 1978) and in vivo (Cole and Cox, 1981). In these studies, the magnitudes of toxicity of AFG₂, AFB₂, and AFG₁ were found to be 10, 20, and 50% of that for AFB₁, respectively. Despite its acute toxicity and carcinogenic potential, AFM₁ is considered a detoxification product (Neal et al., 1998).

2.2. Ochratoxins

Ochratoxins are metabolites of both *Aspergillus* and *Fusarium* species which are chemically described as 3,4-dihydromethylisocoumarin derivatives linked with an amide bond to the amino group of L-β-phenylalanine (Cole and Cox, 1981). These compounds are known for their nephrotoxic effects (renal damage) in poultry (Lanza et al., 1980; Manning and Wyatt, 1984). They also are acutely toxic in rats (Wannemacher et al., 1991) and mice (Carlton and Tuite, 1977) and may promote tumors in humans (Krogh, 1978). Ochratoxin A (OTA, Fig. 4) is the most toxic compound of this group. It was first isolated from *A. ochraceus* (van der Merwe et al., 1965) and was later shown as a secondary metabolite of *Penicillium* species in temperate climates (Smith and Ross, 1991).

2.3. Trichothecenes

Trichothecenes are compounds containing sesquiterpene rings characterized by a 12,13-epoxy-trichothec-9-ene nucleus. They have different constituents on positions 3, 4, 7, 8, and 15 of the molecule. Trichothecenes are mainly produced by several *Fusarium* species (e.g. *F. sporotrichioides*, *F. graminearum*, *F. poae*, and *F. culmorum*) and can be produced by members of other genera such as *Myrothecium* (Tamm and Breitenstein, 1984) and *Trichothecium* (Jones and Lowe, 1960). Trichothecenes include T-2 toxin (Fig. 5), diacetoxyscirpenol (DAS, Fig. 6), deoxynivalenol (known as DON (Fig. 7) or vomitoxin), and nivalenol. Both T-2 toxin and DAS are the most

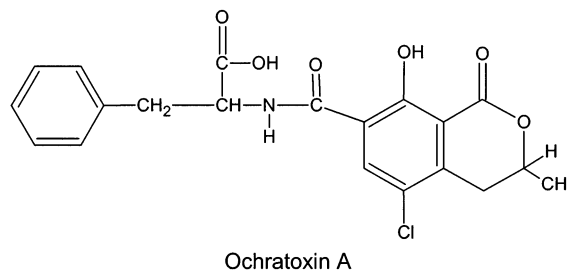


Fig. 4. Chemical structure of ochratoxin A (OTA).

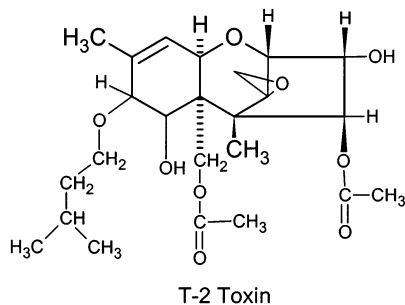


Fig. 5. Chemical structure of T-2 toxin.

toxic and are soluble in non-polar solvents (e.g. ethyl acetate and diethyl ether) whereas DON and its parent compound nivalenol are soluble in polar solvents such as alcohols (Trenholm et al., 1986).

2.4. Zearalenone

Zearalenone (Fig. 8) is a phytoestrogenic compound (Diekman and Green, 1992) known as 6-(10-hydroxy-6-oxo-*trans*-1-undecenyl)- β -resorcylic acid μ -lactone. It is a metabolite primarily associated with several *Fusarium* species (i.e. *F. culmorum*, *F. graminearum*, and *F. sporotrichioides*) with *F. graminearum* being the species most responsible for the estrogenic effects commonly found in farm animals (Marasas, 1991). Alcohol metabolites of ZEN (i.e. α -zearalenol and β -zearalenol) are also estrogenic (Cheeke, 1998a).

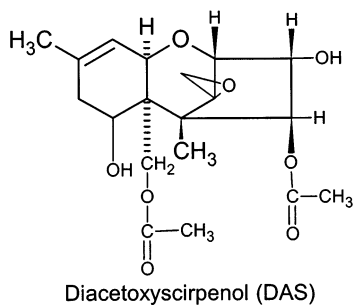


Fig. 6. Chemical structure of diacetoxyscirpenol (DAS).

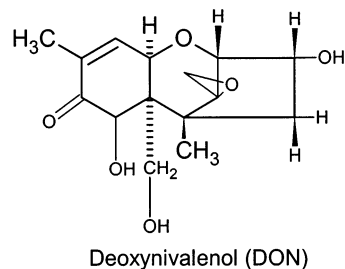


Fig. 7. Chemical structure of deoxynivalenol (DON).

2.5. Fumonisin

Fumonisin (B₁ and B₂, Fig. 9) are cancer-promoting metabolites of *F. proliferatum* and *F. verticillioides* that have a long-chain hydrocarbon unit (similar to that of sphingosine and sphinganine) which plays a role in their toxicity (Wang et al., 1992). Fumonisin B₁ (FB₁) is the most toxic and has been shown to promote tumor in rats (Gelderblom et al., 1988) and cause equine leukoencephalomalacia (Marasas et al., 1988) and porcine pulmonary edema (Harrison et al., 1990). The naturally co-occurring aminopentol isomers (formed by base hydrolysis of the ester-linked tricarballic acid of FB₁) have been suggested to exert toxic effects due to their structural analogy to sphingoid bases (Humpf et al., 1998).

2.6. Moniliformin

Moniliformin (i.e. a potassium or sodium salt of 1-hydroxycyclobut-1-ene-3,4-dione, Fig. 10) is produced by several *Fusarium* species (mainly *F. proliferatum*) and is usually found on the corn kernel. It can be transferred to next generation crops and survive for years in the soil (Guzman and Casteel, 1994). Although both FB₁ and

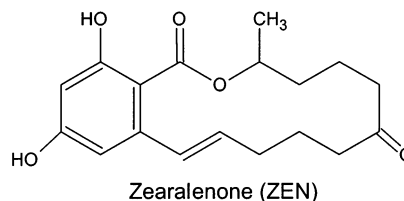
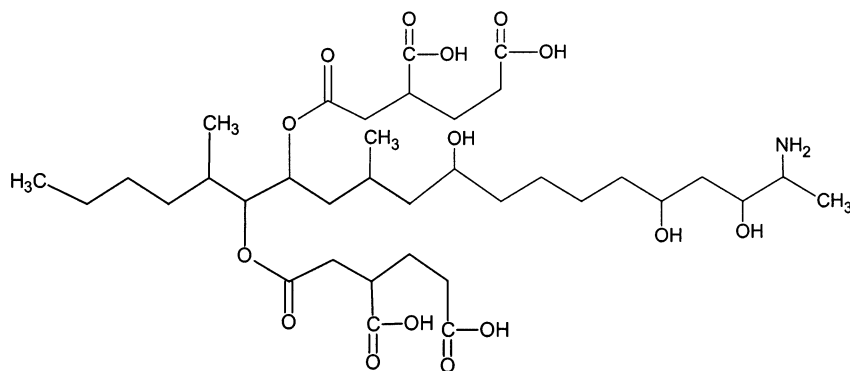
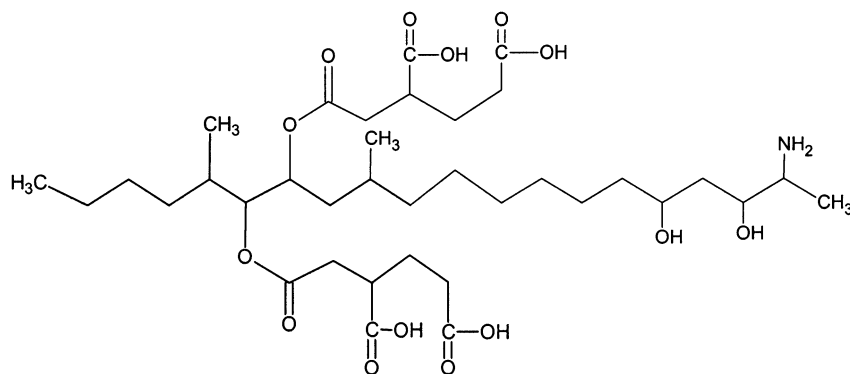


Fig. 8. Chemical structure of Zearalenone (ZEN).

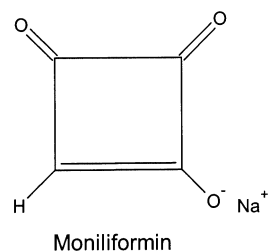
Fumonisin B₁Fumonisin B₂Fig. 9. Chemical structure of Fumonisins B₁ and B₂.

moniliformin are produced by the same fungal species (*F. proliferatum*) no structural resemblance (Figs. 9 and 10) is found between the two toxins. Both toxins are shown in several FDA studies to be ubiquitous in corn in the US (Price et al., 1993).

2.7. Endophytic tremogens and ergot alkaloids

Several colonizing toxigenic fungal species (e.g. *Acremonium lolii*, *A. coenophialium*, *Claviceps purpurea*, and *Penicillium* spp.) may thrive exclusively on live forages. These endophytic fungi thrive in the tissues of several grasses (e.g. tall fescue) and may have a mutualistic relationship with their hosts. The mycotoxins produced may protect the grass against consumption by herbivores while the

plant serves as a host. *A. lolii* is an endophytic fungus that thrives on perennial ryegrass and produces indole-terpene neurotoxins (Miles et al., 1992) called tremogens such as lolitrem B toxin (Fig. 11). Perennial ryegrass staggers in livestock have been linked to lolitrem B toxin from *A. lolii*



Moniliformin

Fig. 10. Chemical structure of moniliformin.

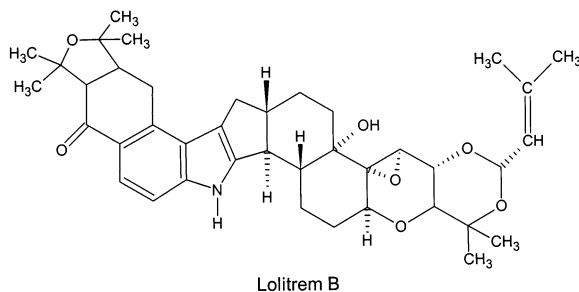


Fig. 11. Chemical structure of lolitrem B toxin.

and to other tremorgens (e.g. penitrem B and verruculogen) produced by several *Penicillium* species including *P. crustosum* and *P. verruculosum*, respectively (Miles et al., 1992). Fescue foot, summer fescue toxicosis, and fat necrosis in cattle have been linked to tall fescue with growth of *A. coenophialium*.

Other *Acremonium* species and *C. purpurea* are also responsible for sleepygrass toxicosis in livestock which is a result of ergot alkaloids (e.g. ergotamine, ergostine, and ergocristine) produced by these fungal species. Ergot alkaloids are structurally related to the hallucinogenic drug known as lysergic acid diethyl amide. Ergotamine (Fig. 12) and other lysergic acid amide derivatives in the perennial grass *Stipa robusta* are commonly associated with toxicoses in sheep (D'Mello and MacDonald, 1997). The two types of ergotism known in humans and animals are convulsive and gangrenous (Cheeke, 1998a).

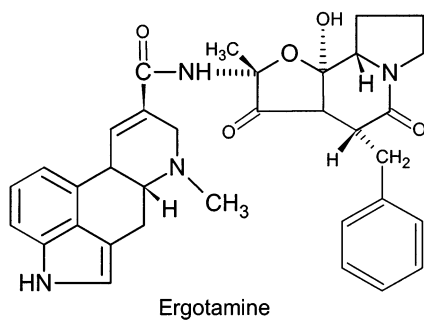


Fig. 12. Chemical structure of ergotamine.

3. Negative effects of mycotoxins on non-ruminants

Early studies on the effects of acute aflatoxicosis indicated various toxicities in different animal species (Wogan, 1966). In monogastrics, variable responses have been shown with all mycotoxins (Cheeke, 1998a). For example, pigs have been shown to be very sensitive to T-2 toxin, DON (Friend et al., 1992), and ZEN (Biehl et al., 1993). Poultry also are adversely affected by both T-2 and DON but are very resistant to the estrogenic effects of ZEN (Cheeke, 1998a). Various degrees of mycotoxicoses from natural sources occur in different animal species because of the wide range of feed ingredients used and the differences among and within species. Experiments and case studies on mycotoxicoses in non-ruminant species have been summarized in the following sections.

3.1. Poultry

Early investigations (1960) of the sudden death of 100 000 turkey poultlets consuming groundnuts in England linked AF (from *A. flavus*) to acute hepatic necrosis and hyperplasia of the bile ducts of the intoxicated birds (Newberne and Butler, 1969). Chickens have been shown to bruise and hemorrhage from AF (Tung et al., 1971). Injection of AFB₁ alone or in combination with OTA showed impaired development and increased mortality in chicken embryos (Edrington et al., 1995). In India, high levels of AF (ranging from 0.2 to ≥ 1 mg/kg) in combination with other mycotoxins (i.e. OTA and/or trichothecenes) in poultry feed have resulted in diseases such as hepatitis, salmonellosis, coccidiosis, and infectious bursal disease (Jand et al., 1995). These investigators also indicated the presence of mycotoxin-contaminated feed at 29 (78.3%) and 23 (82.1%) of the broiler and layer farms tested, respectively.

The negative effects of mycotoxins on chicken performance have been demonstrated in numerous studies. For example, feeding a high level (3.5 mg/kg of feed) of an AF mixture (i.e. 79% AFB₁, 16% AFG₁, 4% AFB₂, and 1% AFG₂) to broilers reduced their body weight and increased their liver and kidney weights (Smith et al., 1992).

Aflatoxins also increased blood urea-N and decreased serum levels of total protein, albumin, triglycerides, and phosphorus. Feeding OTA (0.3–1 mg/kg of feed) to broilers (Bitay et al., 1979) reduced glycogenolysis and resulted in a dose-dependent glycogen accumulation in the liver. These negative metabolic responses were attributed to inhibition of cyclic adenosine 3', 5' monophosphate-dependent protein kinase and were reflected in decreased efficiency of feed utilization and teratogenic malformations (Bitay et al., 1979). The activities of other enzymes (e.g. alkaline phosphatase, acid phosphatase, lactate dehydrogenase, and succinate dehydrogenase) in several organs (e.g. heart, liver, spleen, and pancreas) of 1-week-old chicks also were altered by ingesting feed contaminated with *F. roseum*. Such change in enzyme activity resulted in metabolic and cellular respiratory disorders, reduced body weight gain, and tissue necrosis (Beri et al., 1991).

The negative impact of AF on the immune response was investigated in vitro (Neldon-Ortiz and Qureshi, 1992). In this study, chicken peritoneal macrophages were exposed to various levels of AFB₁ alone (i.e. 5, 10, and 20 µg/ml of culture medium) or with microsomal mixed function oxidase (AFB₁ levels were 0.01, 0.1, 0.5, 1, and 5 µg/ml) that activates AFB₁ to its toxic form (i.e. AFB₁-epoxide). The exposure to AFB₁ alone resulted in a dose-dependent reduction in macrophage adherence potential and an increase in cell damage. The activated form of AFB₁ (i.e. incubated with mixed function oxidase) also induced similar responses and caused morphological alterations and reduced phagocytosis.

Fusarium mycotoxins have been shown to adversely affect poultry. In addition to reduced feed intake and body weight gain, buccal-oral ulceration and plaque formation were observed (Hoerr et al., 1982) when 7-day-old chicks were given T-2 toxin (4 or 16 mg/kg of feed) or DAS (4 or 16 mg/kg of feed). Similar effects were also observed in 1-day–3-week-old chicks consuming T-2 toxin at 6 mg/kg of feed (Kubena et al., 1994) and in 24–25-week-old hens consuming DAS at 20 mg/kg of feed (Brake et al., 2000). Interestingly, fertility was increased in hens (67–69-week-old) and decreased in roosters (25–27-week-old) when

DAS was fed at ≤ 5 and 10 mg/kg of feed, respectively (Brake et al., 1999).

3.2. Pigs

Swine are among the most sensitive species to mycotoxins. For example, Southern and Clawson (1979) have demonstrated that total AF at 385 µg/kg of feed was close to the maximum tolerance level for finishing pigs. In their study, feeding diets containing various levels (i.e. 0.02, 0.385, 0.75, and 1.48 mg/kg of feed) of AF (mostly AFB₁ with small amounts of AFG and AFB₂) reduced average daily gain linearly at 0.385 mg/kg of feed or higher while feed efficiency was decreased only at the highest level (i.e. 1.48 mg/kg of feed). Liver weights (as a percentage of body weight) were increased by feeding AF at 0.385 mg/kg of feed or higher, but hepatocellular lesions were only found in pigs receiving the highest AF level (i.e. 1.48 mg/kg of feed). Progression of aflatoxicosis also was evaluated in barrows given graded levels (1, 2, 3, or 4 mg/kg of feed) of AF (Harvey et al., 1988). Body weight gains were decreased in a linear fashion (from 7 kg for the control group to 4, 3, 2.5, and 0.2 kg for barrows receiving 1, 2, 3, or 4 mg of AF/kg of feed, respectively) over a 4-week feeding period. In a study by Huff et al. (1988), swine response to AF (2 mg/kg of feed), OTA (2 mg/kg of feed), or both was evaluated. Compared with the control group, body weight gains were reduced by 26, 24, and 52% for animals consuming diets containing AF, OTA, or both, respectively. It was concluded, therefore, that both toxins have an additive effect on swine weight gain. The reduction in growth rate of swine consuming mycotoxins (Southern and Clawson, 1979; Harvey et al., 1988; Huff et al., 1988) may have been due to decreased protein synthesis as indicated by the lower serum concentrations of albumin, total protein, and urea-N (Harvey et al., 1988; Lindemann et al., 1993). It should be noted, however, that OTA can cause an increase in body weight due to increased water retention (Glavitis and Vanyi, 1995). Additional symptoms of ochratoxicosis in swine include anorexia, faintness, uncoordinated movement, and increased water intake and urination (Glavitis

and Vanyi, 1995). Swine also are sensitive to other mycotoxins such as fumonisins and ergot alkaloids. Fumonisin B₁, for example, has been shown to cause pulmonary edema and heart and respiratory dysfunctions (Diaz and Boermans, 1994). Symptoms of porcine pulmonary edema included dyspnea, cyanosis, and death (Osweiler et al., 1992; Diaz and Boermans, 1994). It was suggested that hepatotoxicity can induce membrane fragments to be released into the bloodstream of the pig and, therefore, cause intense macrophage response in the lungs (Cheeke, 1998a). Recently, another mode of action has been suggested at the heart level due to Ca⁺⁺ channel interference by sphingosine (Constable et al., 2000). Ergot alkaloids were reported to cause staggers and to compromise lactation in swine (Diekman and Green, 1992).

The swine immune response to AF has been inconsistent. Miller et al. (1978) reported decreased lymphocyte blastogenic response to mitogens, reduced macrophage migration, and depressed delayed hypersensitivity when AF was fed at 0.4 to 0.8 mg/kg of feed for 10 week. Other studies, however, have shown that swine humoral immune response was not altered by feeding mixed AF at levels ranging from 0.4 to 0.8 mg/kg of feed (Miller et al., 1981) to acutely toxic levels as high as 500 mg/kg of feed (Panangala et al., 1986). In vitro studies have confirmed that the immunosuppression caused by AF (140 or 280 µg/kg of feed) only occurs at the cellular and not the humoral level (van Heugten et al., 1994). Other in vitro studies (Pang and Pan, 1994) have shown inhibition of DNA synthesis in porcine lymphocytes when AFB₁ was added to the medium at various levels (0.1–10 000 ng/ml of medium).

Mycotoxic porcine nephropathy is a serious disease commonly associated with pigs consuming feed contaminated with OTA. In addition to the enlarged and pale kidneys (with vascular lesions and white spots), morphological changes include damage proximal tubules, atrophy of tubular epithelium, renal fibrosis, and hyalinization of glomeruli (Krogh, 1991). Kidney accumulation of OTA (from feed) was shown to be dose-dependent (Krogh et al., 1974) when pigs were exposed

to various levels (0.2, 1, and 4 µg/kg of feed) for an extended period of time (3–4 months).

Negative effects of the mycotoxin ZEN on swine reproductive function have been demonstrated (Cantley et al., 1982; Etienne and Jemmali, 1982; Long and Diekman, 1984, 1986; Flowers et al., 1987; Diekman and Green, 1992). Pigs have been shown to draw the toxic forms of ZEN back from the circulating glucuronide conjugate (Biehl et al., 1993). For this reason the estrogenic effects of ZEN have been pronounced and prolonged in pigs. An extensive study in Hungarian farms (Glavitis and Vanyi, 1995) showed swelling of the vulva and mammary glands and occasional vaginal and rectal prolapses in sexually mature gilts consuming feed contaminated with ZEN. Similar and additional reproductive problems also have been demonstrated by adding ZEN to the diets of sows or gilts. For example, feeding gilts 95% pure ZEN (25–100 mg/kg of feed) from weaning through gestation resulted in constant estrus, pseudopregnancy, and subsequent infertility (Chang et al., 1979). Similar effects also were found when lower levels (3.6–20 µg/kg) of ZEN were fed (Cantley et al., 1982; Flowers et al., 1987) for shorter time (5–20 days). Other estrogenic effects of ZEN on gilts or sows included edematous uterus, ovarian cysts, increased follicular maturation and number of stillborns, and decreased fertilization rate (Glavitis and Vanyi, 1995). In the same study, ZEN induced germinal epithelial degeneration and altered sperm formation in boars. Reproductive disorders (e.g. atrophy of the ovaries and uterus, ovarian degeneration, and glandular dysfunction of the endometrium) also have been reported when sows were exposed to feed contaminated with T-2 toxin. Signs of prenatal T-2 toxicosis (e.g. glandular dysfunction of the endometrium, gastrointestinal edema, and hematopoiesis leading to death) were also observed in suckling piglets.

3.3. Horses

The history of mycotoxicosis and poisoning in equine has been reviewed by Asquith (1991). In a case study, mature horses consuming AFB₁-contaminated feed (58.4 µg/kg) were jaundiced and

anorexic before death (Greene and Oehme, 1976). Post-mortem examinations revealed enlarged livers, kidney damage, and lesions of bile-duct hyperplasia. In other cases (Asquith and Edds, 1981), equine aflatoxicosis has been characterized by depression, lameness, and death. Post-mortem examinations revealed subcutaneous and enteric hemorrhage, enlarged kidneys, enlarged necrotic livers, and hepatic, nephritic, and myocardial lesions. Studies with ponies have shown damage in the skeletal muscles and heart along with liver dysfunction when acute lethal doses of AFB₁ were administered (Asquith and Edds, 1981). Post-mortem examination of horses consuming corn contaminated with a mixture of AF (AFB₁, AFB₂, and AFM₁ at 114, 10, and 6 µg/kg, respectively) revealed severe hepatic lesions (Vesonder et al., 1991).

The greatest mycotoxin risks to equine identified thus far are the toxins produced by *F. moniliforme* which has been implicated in equine leukoencephalomalacia and acute neurotoxicity (Placinta et al., 1999). These diseases were attributed to consumption of corn contaminated with FB₁ and moniliformin toxins. Symptoms of equine leukoencephalomalacia include ataxia, paresis, apathy hypersensitivity, impaired locomotor function, necrosis of cerebral white matter, and lesions in the cerebral cortex. Bean-hulls poisoning is another mycotoxin-related disease that has been known in Hokkaido (Japan) for 7 decades because of the availability of bean hulls as a cheap source of feed and bedding for horses (Asquith, 1991). Clinical symptoms include central nervous system dysfunction, rapid heartbeat, diminished ocular reflexes, and death. Ueno et al. (1972) demonstrated that 60% of the fungal isolates causing such problems belonged to *F. sporotrichoides* and the toxins produced were T-2 toxin and DAS.

3.4. Dogs and cats

The effects of mycotoxins on companion animals are severe and can lead to death. As early as 1952, a case of hepatitis in dogs was directly linked to consumption of moldy food (Devegowda and Castaldo, 2000). Following the discov-

ery of AF (Asao et al., 1963), the agent responsible for the 1952 case was identified as AFB₁ (Newberne et al., 1966) and the symptoms of aflatoxicoses in dogs were elucidated (Newberne et al., 1966; Ketterer et al., 1975). In the case study by Ketterer et al. (1975), three dogs on a farm in Queensland became ill (severe depression, anorexia, and weakness) and died at different times within a month following consumption of a commercial dog food mixed with AF-contaminated bread. The vomitus specimens from one dog contained high levels of AF (100 µg/g of AFB₁ and 40 µg/g of AFG₁). In addition to hepatitis and sudden death in dogs, symptoms of acute aflatoxicoses in both dogs and cats include vomiting, depression, polydipsia, and polyuria. Death usually occurs in 3 days with LD₅₀ levels ranging from 0.5 to 1.0 mg/kg in dogs and 0.3 to 0.6 mg/kg in cats depending on the age of the animal (Newberne et al., 1966). Necropsy observations revealed enlarged livers, disseminated intravascular coagulation, and internal hemorrhaging. In subacute aflatoxicosis (at 0.5–1 mg/kg of petfood over 2–3 week), dogs and cats become lethargic, anorexic, and jaundiced (Newberne et al., 1966). This can be followed by disseminated intravascular coagulation and death. Such impaired blood clotting has been reported in other animals such as rats, rabbits, goats, and chickens (Bababunmi et al., 1997). In chronic aflatoxicoses (at 0.05–0.3 mg/kg of petfood over 6–8 week), dogs and cats had clinical signs similar to those for the subacute phase but jaundice was the predominant manifestation. Histopathology of animals with chronic aflatoxicoses revealed shrunken livers with extensive fibrosis (Newberne et al., 1966; Ketterer et al., 1975). The development of accurate screening methods for AF in recent years has led to a vast improvement in the exclusion of AFB₁ from petfood. As a result, there have been only two isolated cases of aflatoxicoses in dogs in the US since 1980 (Rumbeiha, 2000).

Deoxynivalenol is a major health concern for companion animals and it contaminates petfood via corn even after processing (Scott, 1984). In a recent study (Hughes et al., 1998), the effects of dietary DON on dogs and cats were investigated.

Food refusals were noted when DON levels exceeded 4.5 mg/kg of dog food and 7.7 mg/kg of cat food. This observation suggested a higher sensitivity in dogs than in cats. It has been shown that food consumption was significantly reduced at DON levels of 4.5 µg/kg of dog food and of 7.5 µg/kg of cat food. In the same study (Hughes et al., 1999), vomiting was noted at different times in dogs and cats (depending on the mycotoxin dose) during the 14 day of DON feeding. Dogs vomited for 4 or 9 days at DON levels of 8 and 10 µg/kg, respectively, while cats vomited for 10 days at DON level of 10 µg/kg. Due to the variable toxicity responses to DON in dogs and cats, it was suggested that DON levels in petfood should not exceed 0.5 µg/kg (Bird, 2000).

Studies have shown that trichothecenes have adverse effects on dogs and cats. In a study by Borison et al. (1991), T-2 toxin given to cats intravenously at 2 mg/kg resulted in hypovolemia and death. Sub-lethal T-2 toxicity in cats has been shown to lower white blood cell counts (Devegowda and Castaldo, 2000). Daily subcutaneous administration of 0.05 mg/kg reduced white blood cell count after 7 days while oral administration of 0.06 mg/kg reduced white blood cell count after 24 days. Food consumption was significantly reduced at levels of 4.5 µg/kg DON in dog food and 7.5 µg/kg DON in cat food (Hughes et al., 1999).

As with other species, the kidney is the primary target organ of OTA in dogs and cats. In a study with dogs (Kitchen et al., 1977), pacing and vomiting were observed at an OTA dose of 0.2 mg/kg. At doses between 0.2 and 3.0 mg/kg symptoms of intoxication in dogs included anorexia, polydipsia, polyuria, anxiety, prostration, and death. The necropsy findings (Kitchen et al., 1977) included epithelial degeneration (proximal tubules), mucohemorrhagic enteritis (cecum, colon, and rectum) and necrosis of the lymphoid tissues (spleen, tonsil, thymus, and peripheral lymph nodes).

3.5. Rats and mice

Rats have been used extensively for decades as a model for human mycotoxicoses especially with regard to the carcinogenic potential of AF. This

model system, however, has been a subject for debate due to the differences in the detoxification mechanisms between rats and humans as shown by cytosolic conjugation of AFB₁ in vitro (Raney et al., 1992).

In early studies, the LD₅₀ for AFB₁ were established in rats at various levels such as 0.5–7 mg/kg (Butler, 1964; Wogan and Newberne, 1967) and 6–18 mg/kg (Patterson, 1973) depending on the method of administration (i.v. or oral, respectively). Necropsy results revealed hepatic damage (i.e. lesions, necrosis, and biliary proliferation) similar to that of other species. In another study (Newberne and Butler, 1969), oral administration of AFB₁ at 5 mg/kg for 9 week in rats has resulted in 100% hepatocellular carcinomas. A recent study (Stetinova et al., 1998), has suggested secondary effects of AFB₁ on the gastrointestinal tract due to changes in the liver detoxification mechanisms and possible reductions in nutrient uptake. In contrast to rats, mice are generally resistant to the hepatocarcinogenic effects of AFB₁. This may explain the high level of glutathione-S-transferase (GST) activity in mice challenged with AFB₁ (Quinn et al., 1990). Contrary to the hepatocellular carcinomas commonly found in rat studies with AFB₁ (Butler, 1964; Wogan and Newberne, 1967; Patterson, 1973), mice given AFB₁ by intraperitoneal injection at 0.02 mg/kg of body weight for 12 injections over 3 weeks (average 5.6 mg/kg body weight) have expressed pulmonary tumors (Weider et al., 1968).

Other mycotoxins such as FB₁ also have been implicated in hepatic tumor formation in rats (Gelderblom and Snyman, 1991). In this study, 25 rats were given FB₁ at 50 mg/kg of feed in a 26-month experiment. Similar to AFB₁, the liver was the primary target for FB₁ toxicity. Necropsy results showed hepatocellular carcinoma in 66% of the 15 rats examined during the last 8 months of the study.

The negative effects of tricothecenes on rats have been known for decades and, as a result, the rat has been used extensively as a model for tricothecene toxicity tests. Studies with T-2 toxin have shown the LD₅₀ of its oral administration to range from 2.8 to 3.8 mg/kg (Kosuri et al., 1971; Bamburg, 1972; Kravchenko et al., 1983). Oral

administration of T-2 toxin at levels ranging from 5 to 25 µg/kg of feed for extended periods (up to 16 week) reduced feed intake in a dose-dependent manner and caused gastric ulcers and thymic depression (Marasas et al., 1969; Hayes and Schiefer, 1980; Rukmini et al., 1980). Suneja et al. (1984a) also demonstrated reduced nutrient uptake and lipid metabolism (i.e. elevated levels of triglycerides, free cholesterol, total phospholipids, and phosphatidyl choline) when rats were given a daily oral dose (1.5 mg/kg) of T-2 toxin. Suneja et al. (1984b) further reported reduced intestinal uptake of glucose and tryptophan and decreased levels of several enzyme systems (i.e. sucrase, lactase, and Na⁺-K⁺-ATPase) in the intestinal mucosa.

Symptoms of acute T-2 toxicity in rats include lethargy, reduced feed intake, decreased body temperatures, increased number of white blood cells and lymphocytes by 3-fold, hypertension, and finally tachycardia precedes hypotension and death (Wannemacher et al., 1991). In acute rat studies, the LD₅₀ of T-2 toxin (i.v.) was reported to range from 0.7 to 0.9 mg/kg (Feuerstein et al., 1985; Fairhurst et al., 1987). The effects of another tricothecene (i.e. DAS) on rats have been investigated (Sato and Ueno, 1977; More et al., 1990) and LD₅₀ was established at 7.3 mg/kg when DAS was given orally. Lower doses of DAS have been shown to induce changes in the mucus-producing cells of the fundic glands of the rat stomach (More et al., 1990).

In a study with DON, the effects of contaminated feed (levels ranging from 0.1 to 104 mg/kg) on rats were investigated (Bosch et al., 1989). The toxicity symptoms included gastrointestinal hemorrhaging, hematuria, and death. In vitro studies, however, have shown that neither T-2 nor DON had hemolytic effects on rat erythrocytes exposed to levels as high as 130 µg/ml (Rizzo et al., 1992).

The LD₅₀ of orally administered OTA in rats was established at 21 mg/kg with death occurring at 24–72 h following anorexia and depression. Necropsies revealed an inflammation of the gastrointestinal tract tissues and lesions in the liver and kidney (Purchase and Theron, 1968). The carcinogenic potential of OTA in rats has been shown in several chronic studies (Kane et al.,

1986; Boorman et al., 1992). For example, OTA carcinogenicity was illustrated (Kane et al., 1986) when rats were fed OTA at 4 mg/kg of feed every 48 h. At the end of the 12-week dosing period, DNA strand breaks were noted in the liver and kidney tissues.

3.6. Humans

In general, effects of mycotoxins on humans are limited to case studies. Similar to rat studies and *Salmonella* assays for mutagenicity, case studies on AF exposures have provided insight to toxicity in humans. Acute AF exposures have been associated with epidemics of acute toxic hepatitis in areas of China and Africa with death rates ranging from 10 to 60% (Bhat and Krishnamachari, 1977). Studies on an individual attempting suicide by ingesting purified AF have demonstrated that single doses are not as effective in humans as long-term doses (Willis et al., 1980). Toxicity symptoms in a young woman, who attempted suicide with AF in the amounts of 5.5 mg over 2 days and 35 mg over 2 weeks (6 months from the initial dose), included transient nonpruritic macular rash, nausea, and headache. The woman recovered completely and had no significant signs of liver injuries when examined 14 years later (Willis et al., 1980). Results of this case and others suggested that extended subacute doses, as seen in dietary exposures in certain countries, may be required for inducing the lethal acute toxic effects (Willis et al., 1980; Peraica et al., 1999).

The largest risk of AF to humans is usually the result of chronic dietary exposure. Such dietary AF exposures have been associated with human hepatocellular carcinomas, which may be compounded by hepatitis B virus. Approximately 250 000 deaths are caused by hepatocellular carcinomas in China and Sub-Saharan Africa annually (Groopman et al., 1992) and are attributed to risk factors such as high daily intake (1.4 µg) of AF (Wild et al., 1992) and high incidence of hepatitis B (Kensler et al., 1991; Wild et al., 1992). Aflatoxins have been found in tissues of children suffering from Kwashiorkor and Reye's syndrome and were thought to be a contributing factor to these diseases (Becroft and Webster, 1972). Reye's

syndrome, which is characterized by encephalopathy and visceral deterioration, results in liver and kidney enlargement and cerebral edema (Becroft and Webster, 1972; Blunden et al., 1991).

Another potential human carcinogen is OTA which was implicated as the causative agent in epithelial tumors of the upper urinary tract in the Balkan regions (Krogh, 1978). The condition is known as Balkan Endemic Nephropathy. Despite the seriousness of the problem, studies have not completely identified the mechanism or extent of the carcinogenic potential of OTA in humans (Fink-Gremmels, 1999).

Prior to the discovery and implementation of modern milling practices, *Fusarium* species have been implicated in several human outbreaks of mycotoxicoses. Cereal grains contaminated with *F. sporitrichoides* and *F. poae* were implicated in alimentary toxic aleukia in Russia from 1932 to 1947 (Gajdusek, 1953). Symptoms included mucous membrane hyperaemia, esophageal pain, laryngitis, asphyxiation, gastroenteritis, and vertigo. Both DON and ZEN from toxic *Fusaria* have been linked to scabby grain toxicoses in the US, China, Japan, and Australia (Bilgrami and Choudhary, 1998). Symptoms included nausea, vomiting, and diarrhea. Fumonisin B₁ was associated with an illness outbreak in India with symptoms of acute onset of abdominal pain and diarrhea (Bhat and Krishnamachari, 1977). Fumonisin also have been implicated in esophageal cancer in China (Yoshizawa et al., 1994). However, with limited causal relationships and the presence of several confounding factors, data compiled by the International Agency for Research on Cancer were not conclusive for F carcinogenicity in humans (Casegnaro and Wild, 1995).

Tricothecenes have been suggested as potential biological warfare agents. For example, T-2 toxin was implicated as the chemical agent of 'yellow rain' used against the Lao Peoples Democratic Republic from 1975 through 1981 (Peraica et al., 1999). In an investigation of similar biological warfare agents in Cambodia from 1978 to 1981, T-2 toxin, DON, ZEN, nivalenol, and DAS were isolated from water and leaf samples collected from the affected areas (Watson et al., 1984;

Peraica et al., 1999). Clinical symptoms preceding death included vomiting, diarrhea, hemorrhage, breathing difficulty, chest pain, blisters, headache, fatigue, and dizziness. In addition to nephritic congestion, autopsy findings included necrosis of the lining of the stomach and upper small intestine, lungs, and liver. It should be noted, however, that the origin of the samples of yellow rain is still a subject of debate. For example, one theory attributed the source of illnesses to unidentified endemic factors because the yellow rain was found to be a native bee fecal material devoid of mycotoxins (Seeley et al., 1985).

Ergot alkaloids cause gangrenous and convulsive forms of ergotism in humans (King, 1979; Taubert and Seboxa, 1990). Symptoms of the gangrenous form induced by *C. purpurea* ergot alkaloids have included edema of the legs, followed by parasthesias and gangrene of the tendons and death (King, 1979). Symptoms of the convulsive form have included gastrointestinal distress, followed by central nervous system dysfunction characterized by twitching, convulsions, and paralysis (Tulpule and Bhat, 1978; Peraica et al., 1999)

4. Negative effects of mycotoxins on ruminants

Ruminants such as cattle, sheep, goats, and deer are less known for their sensitivity to the negative effects of mycotoxins than are non-ruminants. However, production (milk, beef, or wool), reproduction, and growth can be altered when ruminants consume mycotoxin-contaminated feed for extended periods of time. Beef cattle, dairy cattle, sheep, goats, and deer are among ruminants that have been investigated.

4.1. Cattle

Aflatoxins have been shown to negatively effect production, immune system function, and rumen metabolism in cattle. Increasing AF in cattle feed to levels such as 10, 26, 56.4, 81.1, and 108.5 µg/kg has been shown to significantly reduce feed intake at each level in a dose-dependent manner (Choudhary et al., 1998). In a 155-day feeding

trial, AFB₁ (600 µg/kg) was shown to depress feed efficiency and rate of gain in steers (Helferich et al., 1986). Decreased feed efficiency in cattle has been attributed to compromised ruminal function by reducing cellulose digestion, volatile fatty acid (i.e. acetate, propionate, and butyrate) production and rumen motility (Cook et al., 1986; Helferich et al., 1986; Diekman and Green, 1992). Several mechanisms of bovine immunosuppression by AFB₁ have been illustrated in vitro. Paul et al. (1977) demonstrated that AFB₁ suppressed mitogen-induced stimulation of peripheral lymphocytes. In another study (Bodine et al., 1984), AFB₁ was shown to inhibit bovine lymphocyte blastogenesis. In a study by Cook et al. (1986), radiotelemetry was used to measure rumen motility in cattle and the results showed that AF administration (200–800 µg/kg) slowed rumen motility in a dose-dependent manner (Cook et al., 1986). Ochratoxins, on the other hand, do not cause significant toxicity to cattle when fed alone in naturally occurring doses. Barley naturally-contaminated with OTA (390–540 µg/kg) and low levels of AFB₁ (12–13 µg/kg) did not induce any significant clinical symptoms in 12-week-old calves. The absence of a toxic effect may have been due to the ruminal microbial degradation and detoxification (Patterson et al., 1981).

Aflatoxins also affect the quality of milk produced by dairy cows and result in carry-over of AFM₁ from AF-contaminated feed (Applebaum et al., 1982; Veldman et al., 1992). In the study by Applebaum et al. (1982), 10 ruminally-cannulated lactating Holstein cows were given AFB₁ (13 mg per cow daily) via the rumen orifice for 7 days. Levels of AFM₁ in the milk of the treated cows ranged from 1.05 to 10.58 ng/l. The AFB₁-treated cows also had a significant reduction in milk yield. In another study (Veldman et al., 1992), the carry-over rate was shown to be higher (6.2 vs. 1.8) in early lactation (2–4 week) when compared with late lactation (34–36 week).

The T-2 toxin is also believed to induce immunosuppression in cattle (Black et al., 1992) by decreasing serum concentrations of IgM, IgG, and IgA (Mann et al., 1983), neutrophil func-

tions and lymphocyte blastogenesis (Mann et al., 1984), and the response of lymphocytes to phytohemagglutinin (Mann et al., 1984). This toxin was also shown to induce necrosis of lymphoid tissues (Buening et al., 1982). Bovine infertility and abortion in the final trimester of gestation also have resulted from consumption of feed contaminated with T-2 toxin (Placinta et al., 1999). Calves consuming T-2 toxin at 10–50 mg/kg of feed have demonstrated ulcers in the abomasum and sloughing of the papilla in the rumen (Cheeke, 1998a). A case investigation of dairy cattle fed moldy corn containing 1 mg/kg T-2 toxin resulted in hemorrhagic syndrome (Hsu et al., 1972). With the exception of T-2 toxin, cattle have not been adversely affected by tricothecenes (Helferich et al., 1986). Neither DON nor DAS are known to affect cattle health or performance in the feedlot (Dicostanzo et al., 1996). Charmley et al. (1993) has shown that DON at levels as high as 6 mg/kg of feed had no adverse effects on milk yield and did not show evidence of carry-over into milk. Zearelenone has been suggested as a causative agent of infertility, reduced milk production, and hyperestrogenism in cattle (D'Mello and MacDonald, 1997).

Fescue foot, hyperthermia, and fat necrosis in cattle have been linked to consumption of tall fescue parasitized with *Acremonium coenophialum* (Cheeke, 1998b). Fescue foot in cattle has been shown to derive from vasoconstriction and gangrene in the hooves and tail due to the relaxation of smooth muscles caused by ergot alkaloids (Rhodes et al., 1991). Hyperthermia (summer fescue toxicosis) in cattle has been characterized by symptoms of weight loss, salivation, and heat stress (Howard et al., 1992). Fat necrosis in cattle is a condition in which areas of the fat are hardened resulting in constriction of internal organs, reduced serum cholesterol, and elevated serum amylase (Cheeke, 1998b). Cattle consuming tall fescue contaminated with endophytic fungi such as *A. lolii* also have shown symptoms of staggers, excitability, increased rectal temperature, increased respiration rate, and loss of body weight (Ross et al., 1989).

4.2. Sheep

Early studies suggested sheep as the most resistant species to mycotoxicosis. An early review by Wogan (1966) illustrated a high LD₅₀ (500 mg/kg) in ovines fed AF. However, lower LD₅₀ of AF (e.g. 2 mg/kg) have been established (Miller and Wilson, 1994) by injection of AF in sheep. Newberne and Butler (1969) also described sheep as the most resistant species to AF. Several studies, however, have shown notable effects of AF on sheep. Harvey et al. (1995) showed that feeding diets contaminated with AF (79% AFB₁, 16% AFG₁, 4% AFB₂, and 1% AFG₂) to ewe lambs (2.5 mg/kg or 5.0 mg/kg of feed for 35 days) resulted in hepatotoxicity. In another study (Fernandez et al., 1997), lambs fed AF at 2.5 mg/kg of feed daily for 21 days showed symptoms of clinical aflatoxicosis including hepatic and nephritic lesions, altered mineral metabolism, and increased size and weight of the liver and kidney. Another study (Ramos et al., 1996) with the same daily dose of AF (2.5 mg/kg of feed) examined the plasma mineral concentrations on day 1, 2, 4 and 8 of the initial dose. On day 4 of intoxication, significant reductions in plasma mineral concentrations were detected for Ca (2.39 vs. 2.06 mM), P (2.95 vs. 2.50 mM), Mg (0.88 vs. 0.77 mM), K (4.40 vs. 3.81 mM), and Zn (13.2 vs. 11.6 μM). The resulting mineral deficiencies due to aflatoxicosis were attributed to lower feed intake and to the liver and kidney malfunctions as a result of AF intoxication. Exposure of lambs to AF (2.5 mg/kg of feed for 3 week) revealed changes in extrinsic coagulation factors as determined by increased fibrinogen concentration (Fernandez et al., 1995).

In a recent study (Fernandez et al., 2000), 5-month-old lambs were given feed contaminated with AF (2 mg/kg of feed) for 37 days. Average daily gain on day 35 of feeding AF was significantly reduced from 125 to 79 g and the exposed lambs showed decreased cellular immunity. After allowing for a clearance period of 30 days, the AF-exposed lambs had average daily gain and cellular immunity similar to those for the controls. Mechanisms for cellular immune response to AF in sheep have not been elucidated. Con-

trary to in vitro findings indicating inhibition of bovine lymphocyte blastogenesis by AF (Bodine et al., 1984), Edrington et al. (1994) could not prove that ovine mitogen-induced lymphocyte blastogenesis occurs in vivo.

Fusaria mycotoxins at high doses also appear to have some negative effects on sheep (Harvey et al., 1986, 1995). Exposing sheep to DON (15.6 mg/kg of feed) for 28 days had no effects on average daily gain, hemacytology parameters, or liver function (Harvey et al., 1986). However, weight loss (−0.6 vs. 2.4 kg/day) was reported after 34 days of feeding DAS (5 mg/kg of feed) to lambs. Further weight loss (−2.7 vs. 2.4 kg/day) also was reported at 34 days of feeding lambs same level of DAS in combination with AF (2.5 mg/kg of feed) suggesting a synergistic effect (Harvey et al., 1995).

It has been suggested that high dietary levels (12 mg/kg of feed) of ZEN for extended periods of time (10 days) may affect reproductive performance of sheep negatively by reducing fertility and ovulation rates (Dicostanzo et al., 1996). Fumonisin at high doses (11.1–45.5 mg/kg of body weight) have been demonstrated as acutely and fatally nephrotoxic and hepatotoxic in lambs (Edrington et al., 1995). It should be noted, however, that such experimental levels have not been found in F-contaminated feeds.

Sheep also have been affected by ryegrass toxicosis, which has resulted in tremors, decreased productivity, and in some cases death (D'Mello and MacDonald, 1997). Perennial ryegrass staggers have been observed in sheep consuming ryegrass contaminated with *A. lolii*. Symptoms have included shaking with loss of coordination and inability to walk (Cheeke, 1998b). Staggers have been demonstrated when *A. lolii*-contaminated ryegrass had lolitrem B toxin at levels of 2.0–2.5 mg/kg (DiMenna et al., 1992).

4.3. Other ruminants

Ruminants other than cattle and sheep have shown variable resistance to mycotoxins. Levels of F at 95 mg/kg of feed offered to weanling goats had no effects on body weight gain and did not show any noticeable signs of toxic effects (Gurung

et al., 1998). Signs of toxic effects were only detected through serum profile and sphingolipid analysis. In a study with white-tailed deer fawn fed 800 mg/kg AF over an 8-week-period (Quist et al., 1997), acute injuries in the liver were indicated by increased serum bile acid concentrations and hepatic lesions.

5. Modes of mycotoxin actions

5.1. Aflatoxins

It is well established that AFB₁ is both carcinogenic and cytotoxic. For example, synthesis of both RNA and DNA was inhibited when AF (5 mg/kg of feed) was given to rats over a 6-week-period (Butler and Neal, 1977). The activated AFB₁ metabolite (i.e. AFB₁-8,9-epoxide) forms a covalent bond with the N7 of guanine (Lillehoj, 1991) and forms AFB₁-N7-guanine adducts in the target cells (Bailey, 1994). The results are G→T transversions, DNA repair, lesions, mutations, and subsequently tumor formation (Foster et al., 1983). Hepatocellular carcinomas in humans have been linked to G→T transversion at codon 249 of the p53 tumor suppressor gene (Wang and Groopman, 1999). The reactive epoxide can also be hydrolyzed to AFB₁-8,9-dihydrodiol which ionizes to form a Schiff's base with primary amine groups in the proteins (Raney et al., 1992). The short-lived epoxide AFB₁ has also been associated with coagulopathy due to reduced synthesis of vitamin K and other clotting factors as a result of sub-lethal intoxication of animals (Bababunmi et al., 1997). With regard to the cytotoxic effects, AFB₁ has been shown to induce lipid peroxidation in rat livers leading to oxidative damage to hepatocytes (Shen et al., 1995). A more recent study (Bonsi et al., 1999), has demonstrated that AFB₁ can inhibit cyclic nucleotide phosphodiesterase activity in the brain, liver, heart, and kidney tissues.

5.2. Ochratoxins

Mechanisms of OTA toxicity have been experimentally attributed to the open lactone moiety

which is structurally analogous to mitochondrial enzymes active sites and competitively binds substrate (Xiao et al., 1996). Studies on the mode of OTA action on cellular respiration indicated competitive inhibition of ATPase (Meisner and Chan, 1974), succinate dehydrogenase, and cytochrome C oxidase (Wei et al., 1985) in rat liver mitochondria. Wei et al. (1985) have attributed the cellular damage caused by OTA to hydroxyl radical formation and lipid peroxidation. In the spleen, OTA was found to disrupt protein synthesis by competitive inhibition of phenylalanyl-tRNA synthase which is a result of the phenylalanine moiety of OTA (Cheeke, 1998a). Recent in vitro studies with human (Schwerdt et al., 1999) and canine (Gekle et al., 2000) kidney cells have demonstrated the stimulatory effect of OTA (100 nmol/l) on extracellular protein kinase and caspase which results in apoptosis. In another in vitro study (Dorrenhaus et al., 2000), exposing human urothelial cells to OTA (50–500 nmol/l) demonstrated induction of unscheduled DNA synthesis with subsequent repair and lesions.

5.3. Tricothecenes

Cytotoxicity of tricothecenes has been attributed to their potent inhibition of protein, RNA, and DNA synthesis (Liao et al., 1976) and has been experimentally linked to the 12,13-epoxytricothecene nucleus (Ueno, 1977). The active sites were suggested to be the 9-ene moiety and the metabolic esters formed by the parent hydroxyls (Ueno and Yamakawa, 1970). When tricothecene binds to active polysomes and ribosomes, the peptide linkages are interrupted, the initiation and termination sequences are diminished, and the ribosomal cycle is disrupted (Ueno, 1977).

Other toxic effects of tricothecenes include disruption of membrane transport and function, suppression of the immune response, and abnormal blood function. For example, the negative effects of T-2 toxin on cell membrane function were explained by disrupting the transport of amino acids, nucleotides, and glucose and activity of Ca–K channel (Bunner and Morris, 1988). Khachatourians (1990) demonstrated that mito-

chondrial electron transport is also inhibited by T-2 toxin as a result of suppression of succinate dehydrogenase activity. Lipid peroxidation through generation of free radicals during T-2 metabolism has also been suggested as a mode of trichothecene action in rat liver (Suneja et al., 1989). With regard to the immune response, proliferation of human lymphocytes in cultures was shown to be inhibited by T-2 toxin, DON, and DAS (Johannisson et al., 1999). In another in vitro study where murine peritoneal macrophages were used (Ayrat et al., 1992), DON and DAS were shown to inhibit the phagocytic activity, microbicidal activity, and superoxide anion production. The actions of trichothecenes at the hematological level have been illustrated in several studies (Faifer et al., 1992; Lautraite et al., 1997; Rio et al., 1997; Shinozuka et al., 1997). For example, T-2 toxin reduced granulocyte-macrophage colony-forming cells in the bone marrow of mice (Faifer et al., 1992). In another study (Lautraite et al., 1997), DON inhibited granulo-monocytic progenitors. Both T-2 toxin and DAS also inhibited human erythroblastic progenitors (Rio et al., 1997). In another study (Shinozuka et al., 1997), T-2 toxin induced apoptosis in hematopoietic and lymphoid mice tissues.

5.4. Zearalenone

Zearalenone has been known for its estrogenic effects on animals. It binds to estrogen receptors influencing estrogen dependent transcription in the nucleus (Kolb, 1984). Receptor binding by ZEN has been shown to inhibit the binding estrogenic hormones in rat mammary tissues (Boyd and Wittliff, 1978). Recent studies (Ahamed et al., 2001; Withanage et al., 2001) have demonstrated the potential for ZEN to stimulate growth of human breast cancer cells containing estrogen response receptors.

5.5. Fumonisin

Fumonisin are both cytotoxic and carcinogenic to animals. The modes of such actions, however, are not completely understood. However, Wang et al. (1991) demonstrated that FB₁ disrupts sph-

ingolipid metabolism by inhibiting sphingosine *N*-acyltransferase (ceramide synthase) in rat liver microsomes. It also has been shown that FB₁ inhibits other intracellular enzymes including protein phosphatases and arginosuccinate synthetase (Jenkins et al., 2000). Therefore, FB₁ exerts its cytotoxicity by inhibiting sphingolipid metabolism, protein metabolism, and the urea cycle. The carcinogenic role of FB₁ has been linked to the accumulation of sphingoid bases that cause unscheduled DNA synthesis (Schroeder et al., 1994), alteration of signaling by cAMP (Huang et al., 1995) and protein kinase C (Yeung et al., 1996), and disruption of normal cell cycling (Ramljak et al., 2000).

5.6. Moniliformin

The cytotoxic action of moniliformin was attributed to the inhibition of pyruvate dehydrogenase (Gathercole et al., 1986). Moniliform also has been shown to increase cardiac permeability in young rats and ducklings, suggesting a mechanism for inducing Keshan disease in humans (Zhang and Li, 1989). Using rat cardiac tissues (Chen et al., 1990), moniliformin has been shown to inhibit other enzymes including glutathione peroxidase and glutathione reductase. It was suggested, therefore, that free radical metabolism in the heart by these crucial enzymes was compromised.

5.7. Endophytic tremorgens and ergot alkaloids

Ergot alkaloids and tremorgens are known for their negative effects neuroreceptors. The primary effect of ergot alkaloids is stimulation of smooth muscle (Cheeke, 1998a). Ergot alkaloids bind alpha-adrenoreceptors and further inhibit beta-adrenoreceptors which results in vasoconstriction (Kolb, 1984). Ergot alkaloids also have been shown to inhibit prolactin secretion in humans (Silvestrini et al., 1978) and animals (Kolb, 1984). This effect was attributed to stimulation of the dopamine receptors, which regulate prolactin. Ergot alkaloids, which are similar to biogenic amines, have also been shown to act on biogenic amine receptors and, therefore, affect neurotrans-

mission (Cheeke, 1998b). The exact mechanism of lolitrem toxicity in livestock ryegrass staggers has not been identified. Possible mechanisms with sheep were suggested as inhibition of amino acid neurotransmitters (Mantle, 1983) or stimulation of choline receptors (McLeay et al., 1999).

6. Metabolism of mycotoxins in animal tissues

As with toxicity testing, most studies focusing on mycotoxin metabolism have been on AF. In general, great variations among species, and in some cases individual animals, exist with regard to AF metabolism. Factors influencing AF metabolism include species, sex, age, health, and diet. The pure form of AFB₁ is not mutagenic and its biotransformation in mammalian tissues is primarily accomplished by microsomal cytochrome P450 monooxygenases. The P450 enzymes and their subfamilies are found at different concentrations in most tissues of various animal species with abundance generally in the liver (Eaton et al., 1994). Four metabolic pathways for AFB₁ include *O*-dealkylation to AFP₁, ketoreduction to aflatoxicol, epoxidation to AF-B₁-8,9-epoxide (acutely toxic, mutagenic, and carcinogenic), and hydroxylation to AFM₁ (acutely toxic), AFP₁, AFQ₁, or AFB_{2a} (all relatively non-toxic). Similar to the pathways identified for polycyclic aromatic hydrocarbons (PAH), bioactivation of AFB₁ to AFB₁-8,9-epoxide has been linked to prostaglandin-H-synthase and cytosolic lipoxygenases in lipid-hydroperoxide dependent reactions as well as P450 enzymes (Harvey et al., 1995). Various forms of P450 serve different biotransformation capacities depending on the animal species. In general, activation of AFB₁-8,9-epoxide is accomplished by enzymes in the P450 subfamilies 1A, 2B, 2C, and 3A. The isoform CYP1A2, which is PAH-inducible, is demonstrated to have the greatest binding affinity in humans (Massey et al., 1995). Detoxification of AFB₁-8,9-epoxide and AFM₁ in mammalian tissues is carried out via conjugation by glutathione (GSH), and catalyzed by GST (Massey et al., 1995; Longouet et al., 1998). Alternatively AFB₁-8,9-epoxide is hydrolyzed to a dihydrodiol (Massey et al., 1995; Longouet et al., 1998).

Activation and detoxification efficiencies in an animal species determine individual AF toxicities. Activation of AFB₁ has been shown with high capacity in mixed function oxidase systems of the nasal and tracheal mucosa of swine (Larrson and Tjalve, 1996). However, studies with hogs in AF-contaminated regions of the US resulted in a low occurrence of AF in detectable amounts in hepatic tissues (Honstead et al., 1992), which explained the occurrence of upper respiratory cancers as opposed to hepatocellular carcinomas in AF-exposed porcines. In another study (Kuilman et al., 1998), bovine hepatocytes metabolized AFB₁ to predominantly AFM₁ but there were also measurable amounts of AFB₁ epoxide, AFB₁ dihydrodiol, and AFB₁-GSH conjugates. Aflatoxicol was not detected in the hepatocyte cultures although it was detected in earlier studies in cows' plasma, erythrocytes, and milk which was probably a result of the ruminal microbial degradation. Studies have shown that the GSH-GST detoxification mechanism is relatively low in humans compared with rats, mice, or rabbits (Edrington et al., 1995; Massey et al., 1995). Further studies have demonstrated variations in P450 levels, P450 isoform function, and GST activity among species (Ball and Coulombe, 1991) and within tissues of a single species (Larrson et al., 1994).

The AFM₁ was carried from AFB₁ into milk at a conversion rate ranging from 0.5 to 5% when cows consumed AFB₁-contaminated feed (Applebaum et al., 1982; Bodine and Mertens, 1983; Manorama and Singh, 1995; Skrinjar et al., 1992; Veldman et al., 1992; Chopra et al., 1999). Biotransformation of AFB₁ in the cow's liver and the corresponding AFM₁ levels in the milk depend on several factors including milk yield, microsomal mixed function oxidase activity, and presence or absence of bacterial mastitis in the udder (Chopra et al., 1999). According to two studies (Veldman et al., 1992; Chopra et al., 1999), normal carry-over was about 0.4–0.6% and daily AFB₁ intakes of ≥ 70 μg in cows resulted in greater than the regulatory limit (0.05 $\mu\text{g}/\text{l}$ of AFM₁) in milk accepted in most countries.

There have been attempts to demonstrate that AF detoxification in ruminants may be enhanced by altering the diet in ruminants with different

specific protein sources (e.g. fish meal) or supplemental amino acids (e.g. methionine) to enhance metabolism. However, the adverse effects of AF on lambs were not altered when soybean meal was replaced with fish meal in the diet (Edrington et al., 1994).

Compared with AF, there are fewer studies and less published information on metabolic biotransformations of tricothecenes. In Germany, a study with swine demonstrated phase 1 hydrolysis and oxidation of tricothecenes at C-3 or C-4, followed by phase 2 glucuronidation (Baur, 1995). Earlier studies with rats and rabbits have indicated that tricothecenes (i.e. T-2 toxin and DAS) were deacylated at C-4 by a nonspecific microsomal carboxyesterase (Ohta et al., 1977). In the case of T-2 toxin, its HT-2 metabolite is cytotoxic. On the other hand, DON was assumed to undergo a direct deoxygenation at the oxide ring to form a double bond resulting in a non-toxic excretable metabolite. The mechanism of the metabolic process for DON, however, was not elucidated at that time (Bhatnagar et al., 1991). Baur (1995) illustrated that DON was slowly metabolized in swine via de-epoxidation or glucuronidation. The intestinal microbiota of rats has been credited with assisting in the metabolism and detoxification of the tricothecenes T-2 toxin, DAS, and DON (Swanson et al., 1988; Worell et al., 1989). The T-2 toxin was also hydroxylated via microsomal P450 esterase in intestinal and hepatic tissues of rats, mice, pigs, cows and chickens (Kobayashi et al., 1987).

In vivo studies with rats and in vitro studies with bovine serum have shown that OTA strongly binds to serum albumin (Chu, 1974; Marquardt and Frolich, 1992) which has resulted in slow clearance in several monogastric mammalian species. For example, the half-life of OTA in rats after injection of 0.01 mg/l was found to be 103 h (Li et al., 1997). In another study (Gatlier et al., 1981), the half-life of OTA in pigs was comparable to rats at 90 h, but in chickens the half-life of OTA was only 4 h. Microsomal hydroxylation of OTA also has been demonstrated in rats yielding the relatively non-toxic 4-hydroxy-OTA. Due to the accumulation of OTA in the blood and kidneys of farm animals, especially pigs, there has

been a concern over its potential carry-over into meat products, however, significant residues have not been detected (Cheeke, 1998a).

Zearalenone has been shown to be metabolized to zearalenol and zearalanol in animal tissues (Krogh, 1991). The metabolic reduction of ZEN to the isomeric forms of α -zearalenol and β -zearalenol was demonstrated as a function 3 α -hydroxysteroid dehydrogenase in the cytosol or organelles of hepatocytes. Although β -zearalenol has been shown to have three times the relative estrogenic effects as ZEN, α -zearalenol has had less of an estrogenic effect (Cheeke, 1998a). Both ZEN and its metabolites are conjugated by glucuronide and sulfate. The toxicity in animal species has been dependent upon the 3 α -hydroxysteroid dehydrogenase activity, the isomeric form of metabolite, and the ability to excrete as opposed to recycling the glucuronide conjugate (Patterson, 1977).

Although the ester moiety of FB₁ was shown to be hydrolyzed in the intestine of vervet monkeys, no appreciable metabolism was detected in tissues such as the liver, kidney, or lung (Shephard et al., 1994). Ergot alkaloids can be hydroxylated or dealkylated by P450 enzymes and, therefore, their water solubility, potential conjugation, and excretion are increased (Cheeke, 1998b). New evidence with cattle indicated extensive hydroxylation of ergotamine in the liver (Moubark and Rosenkrans, 2000).

7. Degradation of mycotoxins by the rumen microorganisms

Evidence of ruminal microbial degradation of mycotoxins has been demonstrated in isolated cultures of rumen contents (Hult et al., 1976; Ribelin et al., 1978; Bodine and Mertens, 1983; Kiessling et al., 1984). This interest was derived from early studies revealing the greater resistance of ruminants to the negative effects of several mycotoxins (Wogan, 1966). It should be noted, however, that the rumen function has been shown to be negatively affected by the presence of mycotoxins, suggesting the significant role of the rumen in handling a mycotoxin exposure, biotransforma-

tion of the toxins, and excretion of the metabolites (Cook et al., 1986). Mertens (1979) determined in vitro that the rumen microbiota may be sensitive to AF and that its function can be compromised. The negative effects included decreased cellulose degradation, volatile fatty acid production, ammonia production, and proteolysis. In studies with steers (Helferich et al., 1986) and young lambs (Edrington et al., 1994), ruminal concentrations of volatile fatty acids were not altered by feeding AF.

In an early study with cattle (Hult et al., 1976), rumen metabolism of OTA demonstrated a cleavage of OTA by ruminal protozoa and bacteria. Ribelin et al. (1978) also demonstrated that OTA cultured with rumen microorganisms was degraded to 4-hydroxy-OTA (Ribelin et al., 1978). The rumen protozoa hydrolyzed the peptide bond of OTA in a reaction catalyzed by carboxypeptidase A and chymotrypsinogen, rendering less toxic metabolites. The role of ruminal fermentation was apparent when comparing the LOAEL of 13 mg/kg given orally with that of 1 mg/kg given intravenously to cattle (Cheeke, 1998a).

The metabolism of AF, OT, ZEN, T-2 toxin, DON, and DAS was demonstrated (Kiessling et al., 1984) by using cultures of rumen fluid, rumen protozoa, or rumen bacteria. It was demonstrated that 90–100% of the metabolism of OT, ZEN, T-2 toxin, and DAS were achieved by the rumen protozoa and, therefore, they were considered as the most important ruminal microbial population in mycotoxin biodegradation. Considerably lower metabolism of the same mycotoxins was noted in cultures containing only rumen bacteria. Both AF and DON were not metabolized by the rumen microorganisms (Kiessling et al., 1984). In a subsequent study DON was cultured with rumen fluid and was biotransformed to deepoxynivalenol (Swanson et al., 1987). In this study, T-2 toxin was shown to be completely biodegraded to various metabolites when cultured with rumen contents. Contrary to monogastrics, rumen microbiota did not hydrolyze FB₁ in vitro (Caloni et al., 2000).

Although the above mentioned studies have provided insight into the mechanisms of ruminal microbial degradation of mycotoxins, the com-

plete pathways, rates, and extents of such degradation have not been elucidated. In vitro studies have shown that specific strains of *Lactobacillus* bacteria can bind to AFB₁ (El-Nezami et al., 1998). It has not been determined whether factors such as bacterial binding or the presence of other microorganisms in the motile rumen environment are conducive to AF biodegradation. This evidence indicated that the motile rumen environment could expedite or delay the biotransformation of other mycotoxins such as trichothecenes (Cook et al., 1986).

8. Factors affecting production, contamination of foods and feeds, and toxicity of mycotoxins

A main difficulty in assessing the risk of mycotoxins to human and animal health is the multiplicity of factors affecting the production or presence of mycotoxins in foods or feeds. Mere isolation and confirmation of mycotoxigenic fungal species in foods or feeds does not indicate the presence of mycotoxins. Upon development of accurate and sensitive techniques for qualitative and quantitative analysis of mycotoxins, researchers have found that various factors operate interdependently to affect fungal colonization and/or production of the mycotoxins. D'Mello and MacDonald (1997) categorized the factors as physical, chemical, and biological. Physical factors include the environmental conditions conducive to fungal colonization and mycotoxin production such as temperature, relative humidity, and insect infestation. Chemical factors include the use of fungicides and/or fertilizers. Stresses such as drought, an increase in temperature, and an increase in relative humidity may selectively alter colonization and metabolism of mycotoxigenic fungi and thus alter mycotoxin production (Russell et al., 1991). These researchers also indicated that unseasonable conditions may render crops and forages susceptible to mycotoxin production. Cool and damp springtime weather favor the germination of the sclerotia and thus ergot alkaloid formation in fescue and ryegrass (Cheeke, 1998a).

The biological factors are based on the interactions between the colonizing toxigenic fungal species and substrate. While some plant species are more susceptible to colonization, environmental conditions may increase the vulnerability of other more resistant plant species. The biological factors have been further sub-categorized (Moss, 1991) into intrinsic factors including fungal species, strain specificity, strain variation, and instability of toxigenic properties. Such intrinsic factors underscore the difficulty of risk assessment of mycotoxin exposure based on mold contamination. Species and strain specificity are well described by the numerous mycotoxins produced by two or more fungi. A strain variation refers to a specific culture identity for the same species fungal isolate and how these strains produce mycotoxins in a variable fashion. Finally, the toxigenic properties may vary over time and as the mycoecology changes toxins may be reduced. Several studies have shown that optimal conditions for fungal growth are not necessarily optimum for toxin production. For example, different strains of *A. flavus* have been shown to produce AF at different rates when cultured under similar conditions (Hesseltine et al., 1970).

A. flavus have shown optimum temperatures for colonization to range from 25 to 35 °C with the substrate water activity (A_w) being 0.90 (Smith and Moss, 1985; Smith and Ross, 1991). In a more recent study (Gqaleni et al., 1997), however, AF production by *A. flavus* was optimal at 30 °C and substrate A_w of 0.996. In the same study, AF production was affected by substrate source, incubation time, and the presence of other mycotoxins produced by *A. flavus* (Gqaleni et al., 1997). Strain variations in toxin production also have been reported for *F. poae* and *F. sporitrichoides* (Joffe and Yagen, 1977). The ideal growth conditions for *Fusarium* species including *F. poae* and *F. sporitrichoides* are 21 °C or less and A_w of 0.980–0.995 (Moss, 1991; Dicostanzo et al., 1996). The optimum temperatures for toxin (i.e. T-2 toxin, ZEN, and DON) production by these species are 6–12, 19–20, and 28 °C, respectively (Park et al., 1996). The differences between optimal growth conditions (temperatures ranging from 0 to 31 °C and A_w 0.95) and toxin produc-

tion (temperatures ranging from 12 to 24 °C) also have been documented for other species such as *P. viridicatum* (Moss, 1991).

In a 3-year study (Wood, 1992) on occurrence of AF in selected US foods (milled corn products, peanuts, and peanut products) and feeds (shelled corn, cottonseed, and cottonseed meal), the unpredictable nature of AF contamination and the difficulty in assessing the extent of such contamination have been documented. Very high levels (greater than the 20 µg/kg FDA regulatory level) of contamination were found in corn harvested from all parts of the US in 1989, 1990, and 1991. In these years, 9.1, 20.7, and 37.1%, respectively, of the corn samples examined before human consumption contained AF at levels > 20 µg/kg in the southern states (i.e. Arkansas, Texas, and Oklahoma). The increase in AF contamination in 1990 was attributed to the drought condition. However, the dramatic increase in AF contamination in 1991 could not be explained by environmental factors. In an earlier study by Wood (1989), it was found that cottonseed and cottonseed meal were the primary targets of AF contamination in the southwestern states of Arizona and California. In comparison to the rest of the nation (0 and 28.0 µg/kg for cottonseed and cottonseed meal, respectively), the average values for both states were 37.7 and 43.0 µg/kg of seed and meal, respectively.

In other parts of the world, OT appear to be a more significant problem in animal feeds than AF. For example, a 4-year (1975–1979) study in Poland (Juszkiewicz and Jadwiga, 1992) showed OT contamination levels ranging from 2 to 200 µg/kg in 14, 12, and 18% of the barley, wheat, and rye samples tested, respectively. In this study, only 4% of the corn samples tested positive for AF. In general, the mycotoxin contamination rate across all cereal grains tested (including oats and corn) was 9%. Surveillance of mixed feeds collected from different Spanish farms (19 cattle, 20 pig, 15 rabbit, and 15 poultry farms) revealed a high level of fungal contamination (Abarca et al., 1994). Out of the 69 samples examined, 61 were positive for *Penicillium*, 56 were positive for *Aspergillus*, and 33 were positive for *Fusarium*. Upon culturing, only five out of 37 *Aspergillus* strains (13.5%)

were AF producers, indicating the unpredictability of AF contamination.

In a more practical sense, mycotoxin contamination of foods or feeds may result from inadequate storage and/or handling of harvested products. Prevention and control methods have been prescribed for mitigating mycotoxin contamination of feeds (Harris, 1997). These methods require that feed handlers and grain mill operators keep grain bins clean and store grain at less than 14% moisture. Feed ingredients must be dry, oxygen free, fermented or treated with mold-growth inhibitors. With regard to silage crops, harvesting at the appropriate moisture content and both packing and sealing the silo (to exclude oxygen and allow for desirable anaerobic fermentation) are essential for reducing mycotoxin contamination potential. Chemical treatment and processing are anthropogenic factors that may decrease mycotoxin contamination of foods or feeds. Wet and dry milling processes as well as heat in the cooking process have been shown to reduce AF in foods (Scott, 1984). Heating and roasting have been shown to significantly decrease AF content in corn (Conway et al., 1978; Hale and Wilson, 1979). A review of several studies, however, suggested that processing and pasteurization of milk do not completely destroy mycotoxins (Manorama and Singh, 1995).

Bentonite and aluminosilicate clays used as binding agents have been shown to reduce AF intoxication in pigs (Smith, 1980, 1984; Lindemann et al., 1993; Schell et al., 1993), cattle (Diaz et al., 1997), rats (Smith, 1980; Galey et al., 1987), and poultry (Scheideler, 1993) without causing digestive problems when mixed with AF-contaminated feeds. However, these clays are ineffective against ZEN and F, can alter the nutritional value (by binding trace minerals and vitamins and reducing their bioavailability), and produce dioxins (Devegowda and Castaldo, 2000). Esterified glucomannan (i.e. an organic compound naturally-occurring in yeasts) is a recently discovered alternative with high binding potential to mycotoxins. For example, glucomannan supplementation (at 0.05% of the diet) of dairy cows consuming AF-contaminated feeds reduced AF in milk by 58% (Devegowda and Castaldo, 2000)

while similar reductions in AF in milk were achieved at a much higher level (1.1% of the diet) of sodium bentonite supplementation. These data suggested the potential advantage of esterified glucomannan over clays in reducing AF toxicity. Devegowda and Castaldo (2000) have illustrated that esterified glucomannan was successful in binding F and ZEN at high efficiency (67 and 77% of that for AF). Ammoniation of stored crops has been shown to substantially (> 99%) reduce AF levels by hydrolyzing the lactone ring (Phillips et al., 1994). It has also been proven effective in reducing the toxicity of OTA (Marquardt and Frolich, 1992).

Recently, the potential role of dietary factors to counteract the toxic effects of mycotoxins have been reviewed (Galvano et al., 2001). The role of antioxidants (Se and Vitamins A, C, and E) and food additives was evaluated. Antioxidant defense mechanisms observed have included free radical scavenging, reduced lipid peroxidation, and general inhibition of the mutagenic process. Galvano et al. (2001) also reviewed the role of food components (fructose, phenolic compounds, coumarins, and chlorophyll) and food additives (piperine, aspartame, cyproheptadine, and allyl sulfides) in reducing the toxicity of various mycotoxins by decreasing toxin formation and enhancing metabolism. For example, phenolic compounds have been shown to metabolically enhance AFB₁ conjugation and elimination (Rompelberg et al., 1996).

The antioxidant ethoxyquin has been recognized as a strong anti-aflatoxigenic agent. Kensler et al. (1986) demonstrated the role of ethoxyquin in rat hepatocytes as induction of conjugating GST. Mendel et al. (1987) confirmed the enhancing effect of ethoxyquin on phase II metabolism in several subcellular components (microsomes, cytosol, and cell membrane) of the rat liver. In another study, gamma glutamyltranspeptidase was induced along with GST (Manson et al., 1997). A more recent study with marmosets has established ethoxyquin as a potential chemoprotective agent against the carcinogenic effects of AFB₁ in humans (Bammler et al., 2000).

Another synthetic dietary chemoprotective agent investigated for its anti-carcinogenic activity

against AFB₁ is 5-(2-pyridinyl)-4-methyl-1,2-dithiol-3-thione (oltipraz). Oltipraz was found to decrease the binding of AFB₁ to DNA and to increase epoxide hydrase and glucuronide and glutathione levels in rat liver and kidney (Kensler et al., 1985). Oltipraz also has been shown to decrease P450 activation of AFB₁ and to enhance GST activity in human hepatocytes in vitro (Langouet et al., 1995).

9. Economic impact of mycotoxins

There are multiple criteria for assessing the economic impact of mycotoxins on humans and on animal agriculture. Considerations include loss of human and animal life, health care and veterinary care costs, loss of livestock production, loss of forage crops and feeds, regulatory costs, and research cost focusing on relieving the impact and severity of the mycotoxin problem. Formulas for worldwide economic impact have been difficult to develop and, therefore, most reports on economic impact are on a single aspect of mycotoxin exposure or contamination.

The worldwide contamination of foods and feeds with mycotoxins is a significant problem. Studies have shown extensive mycotoxin contamination in both developing and developed countries. In a recent review (Fink-Gremmels, 1999), it was estimated that 25% of the world's crops may be contaminated with mycotoxins. Surveillance studies (Placinta et al., 1999) showed that worldwide contamination of cereal grains and other feeds with *Fusarium* mycotoxins is a global concern. In Yugoslavia, studies on mycotoxigenic fungi in raw milk have indicated that 91% of the samples tested were contaminated (Skrinjar et al., 1995). In the US, a study was conducted in seven Midwestern states in 1988–1989 and found mycotoxins in 19.5% of corn samples assayed prior to any induced environmental stress and 24.7% of the samples following stress induction (Russell et al., 1991). Shane (1994) estimated the 1980 losses due to AF in corn of eight Southeastern states at 97 million dollars with additional 100 million dollars in production losses at hog farms feeding the contaminated corn.

India is a prime example of a country in which the economy is affected heavily by mycotoxins. In a study in the Bihar region from 1985 to 1987 (Ranjan and Sinha, 1991), nearly 51% of the 387 samples tested were contaminated with molds. Of the 139 samples containing AF, 133 had levels above 20 µg/kg. In another study (Phillips et al., 1996), levels as high as 3700 µg/kg of AF were reported in groundnut meal used for dairy cattle. Researchers also found 21 of 28 dairy feed samples from farms in and around Luhiana and Punjab to be contaminated with AFB₁ at levels ranging from 50 to 400 µg/kg (Dhand et al., 1998). It was estimated that 10 million dollars were lost in India's export within a decade due to groundnut contamination with mycotoxins (Vasanthi and Bhat, 1998).

10. Regulation of mycotoxins in foods and feeds

There have been a range of legislative controls on mycotoxins in foods and feeds worldwide. In January 1999, the European Union set the levels of maximum aflatoxins in agricultural commodities at 4 ppb with AFB₁ at 2 ppb (de Koe, 1999; Devegowda and Castaldo, 2000). In the US, the Federal Food Drug and Cosmetic Act Sec. 402 (a) (1) has regulated AF as adulterants in foods and feeds. Action levels were set at 20 ppb in foods and feeds and 0.5 ppb in milk (Price et al., 1993). The Center for Veterinary Medicine of the FDA has been responsible for examining feeds for mycotoxins. Due to unpredictable high levels in feeds, the FDA has historically relaxed these standards (Price et al., 1993). In 1990, the limit of detection for AF in grain and nuts was 1 µg/kg and in milk was 0.05 ng/l (Wood, 1992). As sensitivity for detection of mycotoxins continue to improve, traditionally acceptable levels of AF in foods and feeds have dropped. As of 1994, 77 countries had regulations for AF in foods and feeds, with tolerance levels in foods as high as 50 µg/kg and in feeds as high as 1000 mg/kg (Van Egmond and Dekker, 1995). In Denmark, pig carcasses are confiscated for levels of OTA > 25 µg/kg in the liver or kidney (Galvano et al., 2001).

Worldwide, *Fusarium* mycotoxins have been less stringently regulated than AF (D'Mello and MacDonald, 1997). In the US, there has been no legislative control on *Fusarium* mycotoxins with the exception of advisory levels of DON in grains and oilseed by-products (e.g. soybean meal, cottonseed meal, and canola meal) used for feeding cattle or poultry. Legislations for tricothecenes and fumonisins have been long overdue (Placinta et al., 1999). In the US, F are allowed in petfood at levels up to 10 mg/kg, as long as the contaminated grain compromises less than half of the total product (Bird, 2000). Since domesticated animals have a proven sensitivity to DON, it has been suggested that the acceptable levels should not exceed 0.5 mg/kg in petfood or animal feed (Bird, 2000). The Center for Veterinary Medicine current guidelines for DON were set at no more than 4 ppm for wheat added to feed given to swine (Price et al., 1993). As of the date of this publication, there are still several countries that do not have any regulatory controls over mycotoxins and limited technology to mitigate them.

Efforts have continued internationally to establish guidelines to control mycotoxins. The FAO has worked with developing countries to mitigate mycotoxin contamination in foods and feeds. Activities of FAO programs on mycotoxin mitigation have included advisory assistance, technical assistance, and the implementation of tolerance levels for mycotoxins. In an advisory role, the FAO has worked closely with the WHO Joint Expert Committee on Food Additives and Contaminants (JECFA) to ensure proper sampling and analyses of AF. Technical assistance has focused on mycotoxin prevention and control and has involved the introduction of post-harvest technologies to developing countries (Boutrif, 1995).

11. Summary

Although there have been over 300 isolated mycotoxins (Betina, 1984), research has focused on toxins that have caused significant damage to humans, livestock, or companion animals, including AFB₁, OTA, tricothecenes (T-2 toxin, DON,

and DAS), ZEN, F, tremorgenic toxins, and ergot alkaloids. All of these groups have been described as structurally unique secondary fungal metabolites with unique biochemical modes of action. For example, AFB₁ (the most widely studied mycotoxin) is bioactivated from its original form to a mutagenic and carcinogenic metabolite (Smith and Ross, 1991). Tricothecenes have been known to cause immunosuppressive effects such as compromised phagocytic action, reduced IgG and IgM levels as well as reduced antibody response. Both T-2 toxin and DON have been shown to inhibit protein and DNA synthesis. Zearalenone has been known for its endocrine disruption by binding to estrogen receptors. Fumonisin has been shown to inhibit sphinganine-*N*-acetyl transferase and thus ceramide synthesis, increasing the intracellular substrate concentration of sphinganine (Fink-Gremmels, 1999).

Early studies (Wogan, 1966) have demonstrated the species specific acute and chronic toxic effects of mycotoxins. Turkey X disease, which prompted the isolation and identification of AF, was the first case study of acute aflatoxicosis (Asao et al., 1963). Porcines have since been shown to be among the most vulnerable species to mycotoxins, and have been especially prone to the estrogenic effects of ZEN (Diekman and Green, 1992.) The greatest mycotoxin risks to equine species identified thus far have been the toxins associated with the genus *Fusarium* (e.g. *F. proliferatum*). Fumonisin produced by this species have been demonstrated as the cause of both leukoencephalomalacia and acute neurotoxicity in equine (Asquith, 1991; Placinta et al., 1999). Fumonisin are classified by the WHO-IARC (1993a,b) as possible human carcinogens (Class 2B). Aflatoxin B₁ has been listed by IARC as a known carcinogen in humans and studies have shown human hepatocellular carcinomas may be compounded by hepatitis B virus and AFB₁ in combination (Kensler et al., 1991). Rat studies have provided most of the information on specific modes of AF action with regard to human carcinogenicity. Companion animals such as dogs and cats have also been adversely affected by mycotoxins.

The observed negative effects of mycotoxins in ruminants have generally been milder, but mycotoxicoses have still been demonstrated clinically, toxicologically, and pathologically. For example, AF have been shown to decrease feed efficiency and thus productivity in cattle (Choudhary et al., 1998). Both AF and ZEN have been shown to decrease productivity in sheep (Dicostanzo et al., 1996; Fernandez et al., 2000).

The key to developing strategies to control mycotoxicoses in individual species has been understanding the metabolic pathways and modes of mycotoxin action. For example, it has been well documented that AF metabolism occurs via microsomal cytochrome P450 monooxygenases found in all tissues but with greater activity and concentrations in the liver. Variable toxicities have been demonstrated based on the microsomal enzyme capacities in different animals (Edrington et al., 1995; Massey et al., 1995). For ZEN, the toxicity in animals has been dependent upon the 3 α -hydroxysteroid dehydrogenase activity, the isomeric form of the metabolite, and the ability to excrete as opposed to recycling the glucuronide conjugate (Patterson, 1977; Cheeke, 1998a).

Ruminal degradation of mycotoxins has been recognized for a long time owing to the relative resistance to mycotoxins in ruminant species. Culture isolates from rumen fluids have been shown to metabolize OT, ZEN, T-2 toxin, and DAS (Ribelin et al., 1978; Kiessling et al., 1984). Ruminal protozoa have been demonstrated to play a very important role in the detoxification process in adult cattle (Ribelin et al., 1978; Kiessling et al., 1984).

Despite the ever-increasing understanding of mycotoxins, they still have a continuous and severe economic impact worldwide. Mycotoxins have resulted in losses in human and animal life, in livestock production, in forage crops and other feeds, in health care and veterinary care costs, in regulatory costs, and in research costs. Worldwide regulation on mycotoxins has varied by region. As of 1994, 77 countries had developed regulations for AF in animal feeds and human food, with regulatory levels in foods as high as 50 $\mu\text{g}/\text{kg}$ and in feeds as high as 1 mg/kg . Most countries have not regulated other mycotoxins (e.g. OTA, T-2

toxin, DON, DAS, or ZEN) in foods or feeds (Van Egmond and Dekker, 1995).

12. Conclusions

In the introduction to one of the most comprehensive texts on mycotoxins, Lillehoj (1991) emphasized the evolutionary aspects of AF as a model for mycotoxin biosynthesis. In order to survive, fungi such as *A. flavus* had to evolve to withstand environmental challenges and find an ecological niche. Therefore, the production of secondary toxic metabolites has been a survival mechanism for mycotoxigenic fungi. While some fungi and mycotoxins have destroyed the host, others have thrived in mutual harmony with the host, providing protection from herbivory.

Adaptation in higher trophic levels, such as mammalian species, has been crucial to survival as well. In view of the wide range and varying degrees of mycotoxicoses in animals, there have been signs of co-evolutionary aspects of mammalian susceptibilities. Monogastric animals from fowl to domestic companion animals to humans have been susceptible to a number of mycotoxins. Besides the loss in productivity and toxicity tests with very high doses, studies demonstrated a relative resistance of ruminants to the adverse effects of a number of mycotoxins, opening the door for research into adaptive mechanisms in these species. The key to determining how the ruminant species adapted to mycotoxins has been through studies on the metabolic pathways in the rumen environment.

Besides the demonstrated effects of mycotoxins on humans or animals some important aspects of toxicology and control have still resided in the realm of the unknown and unexplored. For example, there has been a general paucity of data on mycotoxins classified as carcinogens in humans by IARC, and currently there is a genuine concern over the carcinogenic potential of OTA and F, for which few regulations exist worldwide. Only with continued research on understanding the effects and modes of mycotoxin action in various species, have regulations and control strategies been forthcoming.

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