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Review

Current and future approaches to antimycotic treatment in the era of resistant fungi and immunocompromised hosts

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Abstract

Due to the ever-increasing number of immunocompromised patients, both localised and life-threatening systemic fungal infections are on the increase. Conventional treatment is of limited help, not in the least due to a less optimum benefit-to-risk ratio. Moreover, emerging pathogens with reduced antimicrobial susceptibility and the development of resistance in *Candida albicans* form a new challenge. Fortunately, conventional antimycotics have been improved and entirely new ones are on the horizon as well as alternative approaches such as immunorestitution. © 2001 Elsevier Science B.V. and International Society of Chemotherapy. All rights reserved.

Keywords: Antimycotics; Antimicrobial resistance; Immunorestitution; Targets

1. Introduction

Due to the progress made in modern medicine and in the fields of intensive care, haematology and transplantation in particular, the number of immunocompromised patients is on the increase. Modern antibacterial chemotherapeutic agents contribute a great deal to a better prognosis in immunocompromised states but they also contribute to an increased number of systemic fungal infections, which can affect survival. *Candida* and, increasingly, *Aspergilli* are the major pathogens in this situation [1,2]. The rapidly increasing number of HIV-infections presents another group of immunocompromised hosts susceptible to fungal infections [3,4]. So far, fungal infections, particularly those in immunocompromised hosts, have been a major therapeutic challenge. The situation has been

made worse over recent years with the emergence of resistance among fungal pathogens. Resistance has been seen mainly following treatment of *Candida albicans* infections in HIV-infected patients with the triazole fluconazole, which is currently the most frequently used antifungal in this situation [5]. In some cases, resistance to fluconazole confers cross-resistance to other azoles. Fluconazole has been reported to cause a pathogen shift from *C. albicans* to inherently less sensitive species such as *C. glabrata* and *C. krusei* [6–10]. Antifungal resistance of *C. albicans* can be traced back to various changes that occur at a molecular level resulting in increased availability of lanosterol-delta-14-demethylase and efflux-pumps [3,8,9,11]. It is obvious that new antimycotics developed as a result of our increased understanding of potential molecular targets will enlarge our therapeutic armamentarium and enable us to resist the threat of severe fungal infections. In this review, both conventional and new targets for antifungal agents and the corresponding active compounds are discussed in parallel (Fig. 1).

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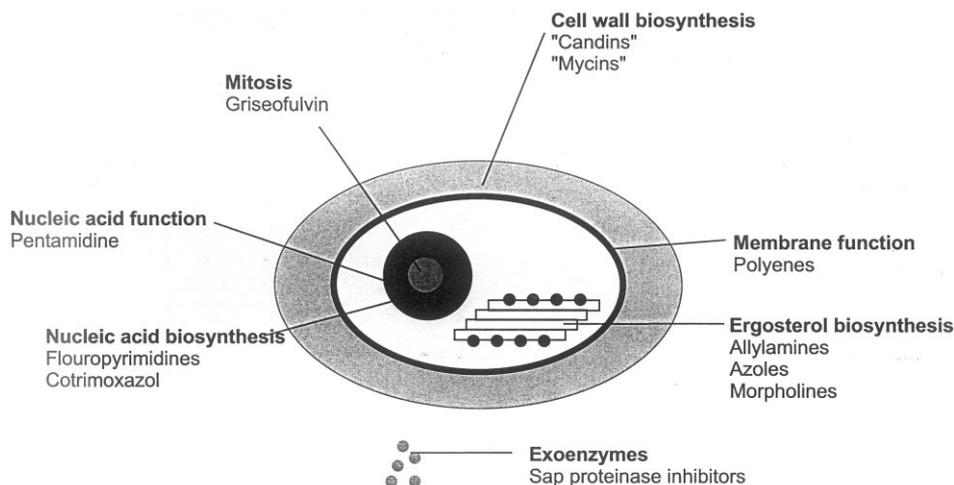


Fig. 1. Mechanism of action of different antimycotics.

2. Conventional antimycotics

In 1952, amphotericin B was introduced for the systemic treatment of fungal infections. The natural compound, an amphoteric heptaene, can be given both systemically and topically (Table 1). It interacts with ergosterol, the major component of the cytoplasmic membrane of fungal cells, by forming a complex with its two hydrophobic chains. This results in the formation of minute pores, linked to leakage and cell death [12–14]. Although cholesterol and not ergosterol is the major component of the cytoplasmic membrane of mammalian cells, there is enough similarity between these two molecules to explain the major toxicity problems that occur with systemic application of amphotericin B, particularly those linked to the kidneys [15]. While liposomal encapsulation of amphotericin B has been shown to be efficacious in increasing the benefit-to-risk-ratio by lowering renal toxicity, the drug is still not well tolerated in the majority of patients, especially those treated with higher doses [16].

Over the past 10–20 years, the ergosterol biosynthesis pathway has been elucidated in sufficient detail to allow interference at various stages. This applies to the azoles in particular, which were introduced in the second half of the 1970s. While most early congeners can only be applied topically for pharmacokinetic reasons a few benzimidazoles such as miconazole and ketoconazole can also be given systemically. The same applies to newer congeners belonging to the class of triazoles, such as itraconazole and fluconazole (Fig. 2). These drugs interfere with the activity of the cytochrome P450-dependent enzyme lanosterol- Δ 14-demethylase [17]. As fungal P450 is related to human P450, toxicity with these drugs is an issue, particularly with ketoconazole. Although systemic application of ketoconazole has had to be restricted to a subgroup of

original indications, there is no such problem with itraconazole and fluconazole, although these agents can interfere with the metabolism of some commonly used medical drugs. While a parenteral form of itraconazole has not been licensed, fluconazole can be given both by the peroral and parenteral route. Due to teratogenicity in animals, use of these drugs is a major concern in females of child-bearing age. While polyenes such as amphotericin B act as fungistatic agents due to their mode of action, the azoles can be fungicidal in some contexts. Although the polyenes have a broad spectrum, which includes activity against *Candida* spp. and *Aspergillus* spp., unlike the azoles, they do not inhibit dermatophytes. Fluconazole, on the one hand, is not very active against *Aspergillus* spp., whereas itraconazole will inhibit the fungus. While clinically relevant antifungal resistance has not been detected with amphotericin B, resistance of *C. albicans* to fluconazole has become a major problem in orogastrintestinal candidosis in HIV-infected patients [18,19]. Today, up to 10% of strains isolated from a given patient population are likely to exhibit minimum inhibitory concentrations of 78 mg/l or more, which corresponds to clinical resistance [7]. This may be due to increased expression of Ben- and Cdr1-genes, leading to the increased presence of energy-dependent efflux-pumps [3,6]. Within the next few years, voriconazole is likely to become the

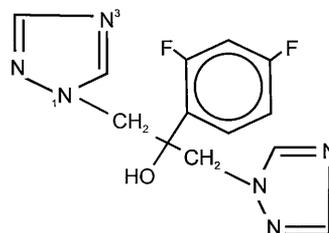


Fig. 2. Structure of fluconazole.

Table 1
Current antimycotics^a

Major chemical classes	Antifungals	Target/mechanism of action	Spectrum	Resistance	Side-effects
Polyenes	Amphotericin B (s,l), nystatin (l)	Complex with ergosterol causes membrane disruption	<i>Candida</i> spp., <i>Aspergillus</i> spp.	<i>P. carinii</i> , <i>Trichosporon</i> spp., <i>Fusarium</i> spp.	Nephrotoxicity
Azoles	(a) Imidazole (l, s) miconazole, ketoconazole, (b) Triazoles (s) — itraconazole, fluconazole	Inhibit cytochrome P450 51A1-mediated sterol 14- α -demethylation	Broad	<i>P. carinii</i>	Rare hepatotoxicity, gynaecomastia, adrenal insufficiency, teratogenicity
Allylamines	Naftifine (l), terbinafine (s,l)	Inhibit squalene epoxidase	Dermatophytes, broad spectrum in vitro	<i>P. carinii</i>	Rarely adverse effects
Fluoropyrimidines	Flucytosine (5-FC) (s)	Interference with RNA	Limited spectrum, including <i>Candida</i> spp., in combination with amphotericin B	Primary and secondary resistance, precluding monotherapy	Reduces renal toxicity of amphotericin B
Morpholines	Amorolfine (l)	Inhibits δ -14-reductase and δ -7- δ -8-isomerase	Dermatophytes, <i>Candida</i> spp.	Inactive when given orally for life-threatening mycoses	
Benzofuranes	Griseofulvin (s)	Inhibits guanine	Dermatophytes	<i>Candida</i> spp.	Induction of LE, teratogenicity

^a l, Local therapy; s, systemic therapy.

most important new azole compound due primarily to its clear-cut activity against *Aspergillus* spp. [19,20].

Allylamines such as terbinafin, which bind to squalene epoxidase, inhibit ergosterol biosynthesis at an even earlier level than the azoles [21–23]. While the clinical activity against *Candida* spp. and many other pathogenic fungi is limited, the allylamines are approximately 10–20-times more active in vitro against dermatophytes than the azoles, with minimum inhibitory concentrations ranging from 0.001–0.05 mg/l for *Trichophyton rubrum* [24,25]. The mode of action of these antifungal agents is fungicidal rather than fungistatic [26,27]. Terbinafine is well-tolerated by most patients although some experience a temporary loss of taste and, rarely, toxic epidermal necrolysis. The morpholines, currently represented by amorolfine, inhibit ergosterol biosynthesis at a very late stage by interfering with delta-14-reductase and delta-7-delta-8-isomerase. Being fungistatic by nature, amorolfine is only moderately active, mainly against dermatophytes and yeasts. So far, only the topical route of application has been exploited [28].

After the introduction of griseofulvin in 1960, this drug was used widely to treat dermatophyte infections [13]. It interferes with intracellular microtubule production leading to fungistatic activity. While its efficacy in major indications such as onychomycosis is limited, concern with the side-effects of this drug has increased over the past few years [29]. While griseofulvin is not generally lethal, it has been shown to cause serious problems in patients with hepatic porphyria.

Although it is not recommended for monotherapy, due to well-defined problems with both primary and secondary resistance, the antimetabolite-related drug flucytosine is still used in combination with amphotericin B for the therapy of invasive *Candida* or *Cryptococcus* infections [30–33].

3. Immunoreconstitution

Recently, a deeper insight into the nature of the pathogen *Pneumocystis carinii*, which causes pneumonitis in many HIV-infected patients, has shown that this pathogen belongs to the Kingdom of fungi. Conventional drugs for the treatment of pertinent infections include the antibacterial drug cotrimoxazole combined with the anti-protozoal agent pentamidine [33,34]. Faced with the increasing problems with antifungal therapy, it is considered wise not only to attack the pathogen directly but also to reconstitute the compromised immune status of the patient as far as possible [30,35]. This approach, termed immunoreconstitution, is currently based on the application of cytokines, such as granulocyte-monocyte colony stimulating factor, gamma interferon (-IF), interleukin 1 and tumour ne-

crisis factor [5]. The combination of an antifungal agent such as amphotericin B, and a cytokine such as -IF, looks particularly promising in vitro [36]. Instead of immunomodulatory agents, antibacterial agents have also been considered for combination with antifungal treatment. In experimental animals, inhibition of fungal DNA-gyrase by the quinolones ciprofloxacin and trovafloxacin is considered helpful when combined with amphotericin B or fluconazole [37].

4. Targets

During the past few years, the search for new antimycotic agents has focussed largely on the development of new azoles [14,15,38–42]. In this context, more elaborate approaches to drug development have been implemented, including multiple automatic structure evaluation, which has contributed to the screening of a series of 71 different triazoles. It has been possible to relate the molecular structure to the desired (antimycotic) activity and the unwanted teratogenic activity [43]. Using this method, certain congeners with increased desired activity and decreased unwanted activity could be identified, i.e. drugs with an increased therapeutic index [29,44]. Using recently developed molecular biology tools, the genes encoding particular enzymes belonging to the ergosterol biosynthesis pathway could be classified, allowing the discrimination of those which are essential and, thereby, qualify as targets for antimycotic intervention [45]. Modification of the polyene-structure is also an issue. Changing the amphotericin B molecule at the C13-position led to increased selectivity and reduce unwanted side-effects on the host [15]. Certainly, the components of the cytoplasmic membrane are not the only targets currently under investigation. A critical reduction of the availability of certain ions has already been the focus in the development of various antimycotics of the hydroxypyridone class encompassing ciclopiroxolamine and rilopirox [46]. Recently, calprotectin, a member of the S100 protein family, has been under consideration as a chelating agent for zinc, which is an essential element for fungal growth. This concept has been shown to be valid, at least in the context of *C. albicans* [47]. While the cytoplasmic membrane, as the innermost part of the fungal cell wall, was considered a potential target, the outer parts of the wall now look more interesting [21,48]. The major components consist of mannans and glucans. These molecules are, by and large, unrelated to components of the host cell, which should mean low toxicity. The complete lack of a functional cell wall should result in immediate cell death and represent fungicidal activity. In addition to the development of agents interfering with various aspects of fungal structure and function, it is considered useful to clarify the

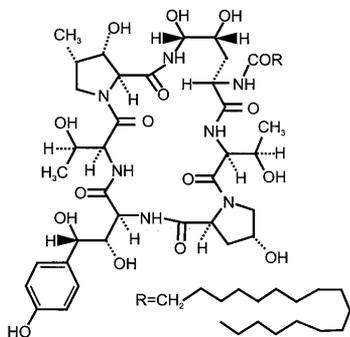


Fig. 3. Structure of tetrahydroechinocandin B.

role of various fungal virulence factors in more detail [49,50]. This applies to adherence and penetration in particular, which are the first two stages of the pathogenic chain [21,48].

5. New antimycotics

Among the new agents interfering with the production and/or integrity of the fungal cell wall, the so-called candins have, at least in part, been developed up to the more advanced stages of clinical drug evaluation [3,33,51–53]. The pneumo-, papulo- and echinocandins (Fig. 3) are active against most pathogens causing systemic mycoses [15,53,54]. By interfering with the FKS-gene, pertinent substances disrupt -1,3-glucan-synthase, which is not compatible with the formation of an intact cell wall [55–62] (Table 2). Although the target does not appear to be closely related to any in the mammalian host, moderate reversible haemolysis is a concern, as is the existence of primary resistant strains. In particular, the echinocandin LY295337 proved to be highly active against *Candida* in vitro. In human disease, it was found to be as effective as fluconazole and amphotericin B in several trials [63–66]. Activity was also observed against fluconazole-resistant strains of *Candida* [67]. LY303366 is another echinocandin, which has already been used, successfully in animal models [64,68,69]. Although it is active against several *Candida* spp., including *C. albicans*, as well as *Aspergillus* spp., it is less active against *C. parapsilosis* and is not active at all against *Cryptococcus neoformans* [70]. L-733560 is a water-soluble pneumocandin, which is active, in vitro against both azole-susceptible and resistant *Candida* spp. [52,71,72].

The so-called mycins are another group of antimycotic agents, which act, on the fungal cell wall. They comprise the nikkomycins, pramidicins and benanomycins [20,73,74]. Nikkomycin inhibits the enzyme chitin-synthase [3,75,76]. Pramidicins and benanomycins form an insoluble complex with mannoproteins in the fungal cell wall in the presence of

calcium and, thus, compromise the integrity of the cell wall [73,77,78]. Pramidicin FS is formed by the addition of D-serine to pramidicin S, although this does not change its activity in vitro or in vivo [79]. Pramidicin Q is an aglycon, which inhibits fungal α -glucosidase. It is formed by splitting dihydrobenzo-(α)-naphthacenequinone. By substitution of the d-amino- and hexose-sugar moiety, it binds to terminal dimannosides of *C. albicans* compromising cell wall integrity [35].

During the past few years, secreted aspartic proteinase (Sap) has been characterised as a major virulence factor of *C. albicans* (Fig. 4) [80–82]. Sap play a major role in both adhesion and penetration, the first and most relevant steps in pathogenesis [83–85]. In the adherence assay based on human keratinocytes grown in vitro, the specific aspartic proteinase inhibitor pepstatin A was able to reduce *Candida* adhesion to the host cells in a dose-dependent manner [86]. The application of pepstatin A demonstrated a protective role in several experimental infections with *C. albicans* (Fig. 5). However, this inhibitor is unlikely to be useful as an antifungal agent as it also acts on host proteinases and is taken up by the liver. Other inhibitors of Sap might also be relevant in animal and human infections, and pertinent drugs have recently been introduced in the treatment of HIV-infection, compounds such as saquinavir (Fig. 6) and indinavir inhibit HIV-proteinase, which also belongs to the class of aspartic proteinases. According to X-ray crystallographic analyses, there is a close structural relationship between HIV-proteinase and Sap. More recently, it has been possible to demonstrate a dose-dependent inhibitory effect of both compounds in an in vitro assay [87]. The concentrations resulting in marked inhibition were within the range of concentrations reached in man in the treatment of HIV-infection. These findings confirm those obtained by molecular modelling approaches. It has been speculated that the tremendous reduction in frequency of oral candidosis in HIV-infected patients

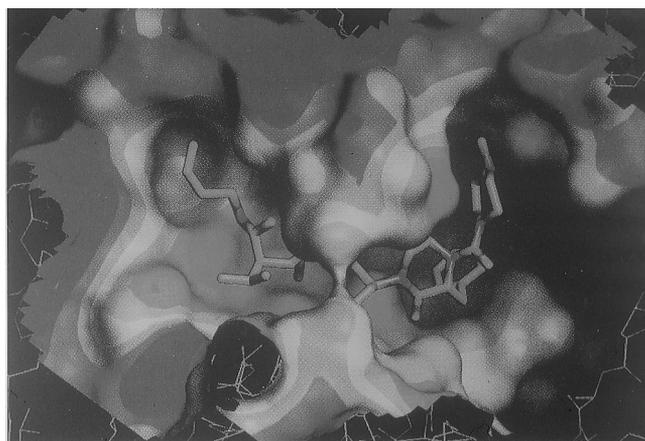


Fig. 4. Stereo-diagram of Sap2 and inhibitor A70450 [101].

Table 2
Future antimycotics^a

Major chemical classes	Antifungals	Target/mechanism of action	Spectrum	Resistance	Side-effects
Echinocandins (s)	Echinocandin B, LY-303366, LY-295337, LY-307853	Inhibit β -1,3-glucan-synthase non-competetively	<i>Candida</i> spp., <i>Aspergillus</i> spp. <i>H. capsulatum</i> , <i>P. carinii</i>	<i>C. neoformans</i> , <i>Mucor</i> spp., <i>Fusarium</i> spp.	Low toxicity, Haemolysis
Pneumocandins (s)	L-743872, L-733560, L-705589, L-731373	Inhibit β -1,3-glucan-synthase non-competetively	<i>Candida</i> spp., <i>Aspergillus</i> spp. <i>P. carinii</i>	<i>C. neoformans</i> , <i>C. albicans</i> with single mutant echinocandin target gene 1-1	Low toxicity, haemolysis
Papulacandins (s)	Papulacandin B, Chaetiacandin	Inhibit β -1,3-glucan-synthase non-competetively	<i>Candida</i> spp.		
Nikkomycins (s)	Nikkomycin Z	Inhibit chitin synthase 3	<i>Coccidioides</i> spp.	<i>Saccharomyces cerevisiae</i>	
Pramidicins (s)	Pramidicin A, B, C, D, E, M, N, O, P and Q, FS, FB BMS-181184	Bind to mannoproteins of the cell wall	<i>Candida</i> spp., <i>C. neoformans</i> , <i>Aspergillus</i> spp. Zygomycetes	<i>Trichophyton mentagrophytes</i> , <i>Fusarium</i> spp.	No major end-organ toxicity, discoloration of urine, elevation of hepatic transaminases
Benanomycin (s)	Benanomycin A (ME 1451)	Binds to mannoproteins of the cell wall	<i>Candida</i> spp., <i>P. carinii</i> , <i>C. neoformans</i> , <i>A. fumigatus</i>		

^a l, Local therapy, s, systemic therapy.

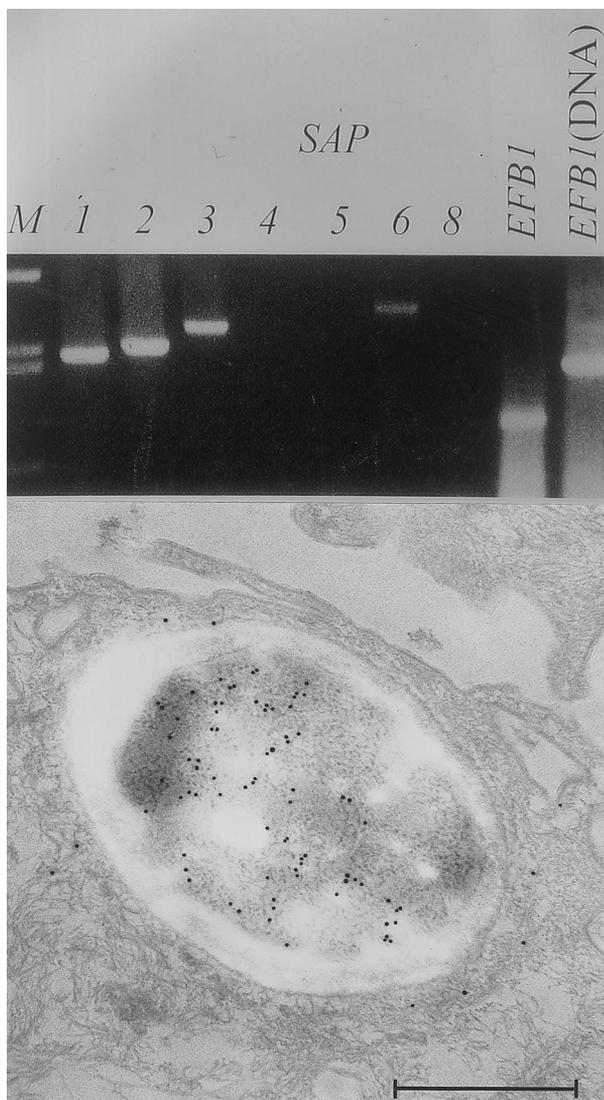


Fig. 5. Detection of secreted aspartic proteinase in oral candidosis in man. Demonstration of expression of *SAP* 1–3,6 by reverse transcription-polymerase chain reaction (RT-PCR; top). Elongation Factor B1 (EFB1) was used to demonstrate the cDNA origin of the template (lane 9). Amplification of genomic DNA with the same set of primers is shown on the extreme right. Molecular mass marker — pBR322 DNA/MvaI (M). Immunoelectron microscopy demonstration of Sap 1–3 using pre-embedding immunogold labelling. Bar represents 0.5 μ m ([80–82]).

observed after the introduction of HIV-proteinase inhibitors into clinical practice might not only be due to an improved immune status, determined by CD4 cell counts, but also to a direct effect on Sap [88]. This target looks more relevant in the context of future antimycotic drug development as the molecular Koch's/Henle's postulates have been fulfilled, and expression of the protein in man has been demonstrated unambiguously [80,82]. In parallel, new compounds have been developed which address Sap as the direct target — A70450 has been shown to be active against a variety of different fungi including *C. albicans*. Moreover, this

compound proved to be efficacious in animal experiments. Most interestingly, Sap is not only found in *Candida* spp. but can also be detected in *Aspergillus* spp. [89–92].

6. Drugs indicated for other diseases

Facing the obvious need for completely new antimycotic agents, the chemical entities developed to date for indications other than mycoses should also be considered (Table 3). This approach looks particularly rewarding as the toxicity profile of the drug under consideration is known from the start. The anti-ulcer drug omeprazole, which acts as an inhibitor of ATPase in the proton-pump in the cytoplasmic membrane of oxyntic cells of the gastric mucosa, might be of interest for inhibiting the corresponding enzyme in fungi [93–95]. Beta-blocking agents used for cardiovascular diseases such as arterial hypertension, might also inhibit tissue penetration by fungi [96]. Zaragozic acids lower serum-cholesterol by inhibiting squalene-synthase and this may be of interest in the context of ergosterol biosynthesis in the fungal cell [97]. The natural product tacrolimus, currently used as an immunosuppressive agent in various indications ranging from the prevention of renal transplant rejection to psoriasis vulgaris, binds to an intracellular protein present in mammalian and fungal cells. The complex inhibits calcineurin which leads to the decay of *C. neoformans* cells grown in vitro at 36°C. Unfortunately, in animal experiments, an immunosuppressive effect was observed with this compound due to inhibition of T-cell activation, resulting in death of all experimental animals due to systemic mycosis. However, the principle might still be valid. This is currently under investigation using the analogue L-685818 that does not exhibit any immunosuppressive activity [98].

7. Unconventional approaches

Antimycotic agents, which are of potential use in human diseases, are not only found in fungi but also in protozoa and higher organisms. The cytotoxic hydroxypyridone, fusaricide, secreted by *Fusarium* spp. is one

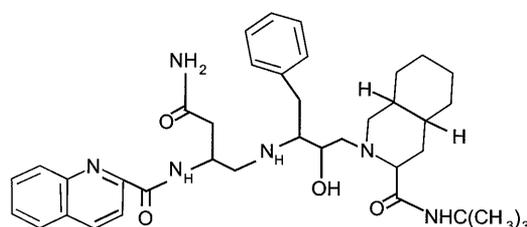


Fig. 6. Structure of saquinavir.

Table 3
Drugs indicated for other diseases but with known antimycotic potency^a

Major chemical classes	Antifungals	Target/mechanism of action	Spectrum	Resistance	Side-effects
Antacids (s)	Acid-activated omeprazol	Targets the P-type ATPase (plasma membrane proton pump)	<i>S. cerevisiae</i> (according to in vitro tests)		
β-Hydroxy-ethylamines	H0733, H0734, H1891, S1978, S6363, S8802, S0384, S1195	Inhibitory effect on tissue penetration	<i>C. albicans</i> , <i>T. mentagrophytes</i>		
Immuno-suppressant (s)	Tacrolimus (FK 506)	FK 506 together with FKBP 12 (intracellular protein) inhibit calcineurin, blocks T-cell activation	<i>C. neoformans</i>		Immunosuppression overweighs antifungal action in vivo (murine model)
Quinolones (s)	Ciprofloxacin, trovafloxacin	Inhibit DNA-gyrase	<i>C. albicans</i> (only in combination with amphotericin B or fluconazole in a murine model)		
Azasqualenes, II (s)	Squalene maleimide	Inhibits 2,3-oxidosqualene cyclases	<i>C. albicans</i> , <i>S. cerevisiae</i> (murine)		
Tetracyclic diterpene glycosides	Sordarin	Block ribosomal trans-location by stabilising fungal elongation factor 2-ribosome complex	<i>S. cerevisiae</i> (only in vitro)		
Zaragozic acids (ZA) as antimycotica	ZA-A, B, C, D and F group	Inhibit squalene synthase and fungal ergosterol synthesis	Various <i>Candida</i> spp., Filamentous fungi, <i>S. cerevisiae</i>	All fungi that produce ZA	Lowers Cholesterol

^a l, Local therapy; s, systemic therapy.

example [99]. Another is a peptide belonging to the family of tachyplesines and a protein known as anti-LPS-factor which are to be found in the horseshoe crab. These agents not only inhibit the growth of Gram-negative and Gram-positive bacteria but also fungi [100].

8. Conclusion

In conclusion, there is hope that the increased need for antifungal agents will be met by new antimycotic agents in the foreseeable future. These agents might vary from modification of existing conventional agents, such as the azoles, to entirely new compounds. They are likely to be developed either by the new approach of rational drug design based on exact characterisation of molecular targets, or by systematic screening of natural agents. It looks probable that immunorestitution will play a major role in the improvement of the therapeutic armamentarium.

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