

Use of ^{13}C Nuclear Magnetic Resonance and Gas Chromatography To Examine Methionine Catabolism by Lactococci

SONG GAO,¹ ED S. MOOBERRY,² AND JAMES L. STEELE^{1*}

Department of Food Science,¹ and Department of Biochemistry,² University of Wisconsin-Madison, Madison, Wisconsin 53706

Received 16 June 1998/Accepted 18 September 1998

Formation of methanethiol from methionine is widely believed to play a significant role in development of cheddar cheese flavor. However, the catabolism of methionine by cheese-related microorganisms has not been well characterized. Two independent methionine catabolic pathways are believed to be present in lactococci, one initiated by a lyase and the other initiated by an aminotransferase. To differentiate between these two pathways and to determine the possible distribution between the pathways, ^{13}C nuclear magnetic resonance (NMR) performed with uniformly enriched [^{13}C]methionine was utilized. The catabolism of methionine by whole cells and cell extracts of five strains of *Lactococcus lactis* was examined. Only the aminotransferase-initiated pathway was observed. The intermediate and major end products were determined to be 4-methylthio-2-oxobutyric acid and 2-hydroxyl-4-methylthiobutyric acid, respectively. Production of methanethiol was not observed in any of the ^{13}C NMR studies. Gas chromatography was utilized to determine if the products of methionine catabolism in the aminotransferase pathway were precursors of methanethiol. The results suggest that the direct precursor of methanethiol is 4-methylthiol-2-oxobutyric acid. These results support the conclusion that an aminotransferase initiates the catabolism of methionine to methanethiol in lactococci.

The lactococci used as starter cultures in the manufacture of cheddar cheese produce metabolites that are known to be essential for cheddar cheese flavor development (16, 20). Catabolism of methionine (Met) by lactococci is of particular interest because Met is believed to be the precursor of numerous volatile sulfur compounds thought to be required for cheddar cheese flavor development (12, 24). In particular, production of methanethiol is thought to be essential for the development of typical cheddar cheese flavor (14, 15, 23, 25). Although the formation of sulfur-containing compounds in cheese resulting from the catabolism of Met has received significant attention, most studies have examined the relationship between these volatile sulfur compounds and cheese flavor. Relatively few studies have attempted to elucidate the pathways leading to the formation of these volatile sulfur compounds in cheese.

Two enzymatic pathways potentially leading to the formation of methanethiol from Met have been postulated to exist in lactococci (Fig. 1). A pathway for Met catabolism via α,γ elimination was proposed by Alting et al. (1). In this pathway, a lyase catalyzes the simultaneous deamination and demethylthiolation of Met, resulting in the formation of methanethiol and α -ketobutyric acid. Both a cystathionine β -lyase and a cystathionine γ -lyase have been purified from *Lactococcus lactis* and characterized (1, 3). However, both of these enzymes have relatively low activities on Met. The other potential pathway is initiated by transamination of Met to 4-methylthio-2-oxobutyric acid (KMBA). Our interest in the Met catabolic pathway was stimulated by the characterization of aromatic aminotransferases from lactococci which exhibit substantial activity with Met (10, 29).

A pathway for the conversion of Met to methanethiol initiated by an aminotransferase (Met \rightarrow KMBA \rightarrow 3-methylthio-propionic acid \rightarrow methanethiol) has been found in a variety of mammals (2, 8, 18, 19). Two families of aminotransferases are believed to be involved in transamination of Met; the members of one family require glutamate or α -ketoglutarate (α -KA), and the other family is comprised of glutamine and asparagine aminotransferases (19, 21). Although this pathway has not been found in cheese-related microorganisms, it is possible that a similar pathway may be responsible for volatile sulfur compound production in cheddar cheese.

The catabolic pathway(s) for Met present in lactococci has not been well characterized. We utilized ^{13}C nuclear magnetic resonance (^{13}C NMR) with uniformly enriched [^{13}C]Met to study this pathway. This approach was noninvasive and permitted unequivocal identification of metabolites throughout the pathway. To detect metabolites at micromolar concentrations, which were below the limit of detection of the ^{13}C NMR method, gas chromatography (GC) was utilized.

MATERIALS AND METHODS

Materials. Uniformly enriched (97 to 98%) L-[^{13}C]Met ([U- ^{13}C]Met) was purchased from Cambridge Isotope Laboratories, Inc. (Andover, Mass.). Methyl 3-(methylthio)propionate, methional, and 2-ketobutyric acid were purchased from Aldrich (Milwaukee, Wis.). L-Cystathionine, L-Met, α -KA, L-arginine *p*-nitroaniline (Arg-*p*NA), 5,5'-dithiobis(2-nitrobenzoic acid), and 3-methyl-2-benzothiazolone hydrazone hydrochloride were obtained from Sigma Chemical Co. (St. Louis, Mo.). The aromatic aminotransferase of *L. lactis* S3 was purified as described by Gao and Steele (10). 3-(Methylthio)propionic acid was prepared from methyl 3-(methylthio)propionate (Aldrich Chemical Co.) as described by Steele and Benevenga (21). KMBA was either purchased from Aldrich or prepared from L-Met with amino acid oxidase as described by Dixon and Benevenga (6). 2-Hydroxyl-4-(methylthio)butyric acid (HMBA) (calcium salt) was purchased from Fluka (Ronkonkoma, N.Y.).

Bacterial strains and media. *L. lactis* subsp. *cremoris* HP, C2, and 11007 were obtained from L. L. McKay (University of Minnesota, St. Paul). *L. lactis* S1 and S3 are industrial isolates. Stock cultures were maintained at -80°C , and working cultures were prepared from stock cultures by two transfers in M17 broth containing lactose (22) at 30°C .

* Corresponding author. Mailing address: Department of Food Science, University of Wisconsin-Madison, 1605 Linden Drive, Madison, WI 53706. Phone: (608) 262-5960. Fax: (608) 262-6872. E-mail: jlsteel@facstaff.wisc.edu.

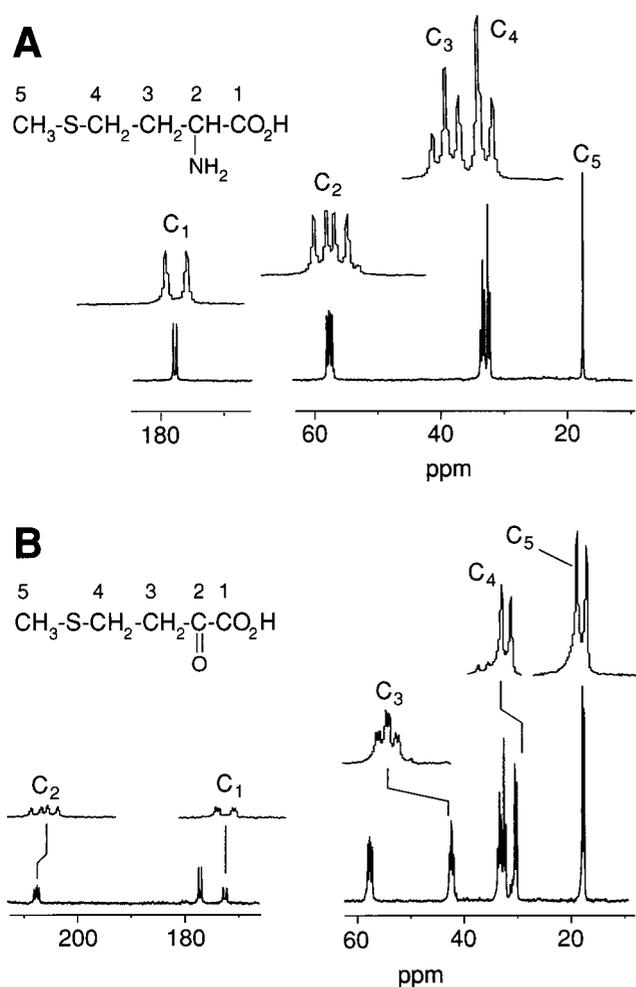


FIG. 2. Fully relaxed proton-decoupled ^{13}C NMR spectra of $[\text{U-}^{13}\text{C}]\text{Met}$ (A) and the transamination reaction between $[\text{U-}^{13}\text{C}]\text{Met}$ and $\alpha\text{-KA}$ catalyzed by a purified aromatic aminotransferase at 30°C for 18 h (B). The enlarged peaks in panel B are KMBA peaks.

to determine chemical structures. Using the spectrum shown in Fig. 2A, we determined the chemical shift of each carbon and the coupling constants for adjacent carbons for the five carbons in $[\text{U-}^{13}\text{C}]\text{Met}$; the results are shown in Table 2. Figure 2B shows the spectrum for a mixture of the product formed by the aromatic aminotransferase purified from *L. lactis* S3 with $[\text{U-}^{13}\text{C}]\text{Met}$ and unreacted $[\text{U-}^{13}\text{C}]\text{Met}$. The peaks of the product are distinct from the peaks of $[\text{U-}^{13}\text{C}]\text{Met}$. On the basis of the chemical shifts and coupling constants of the measured product (Tables 1 and 2), the product was determined to be $[\text{U-}^{13}\text{C}]\text{KMBA}$. Figure 3 shows the *L. lactis* S3 in vivo $[\text{U-}^{13}\text{C}]\text{Met}$ catabolic process in the presence of $\alpha\text{-KA}$ at pH 7.0. Complete conversion of $[\text{U-}^{13}\text{C}]\text{Met}$ and accumulation of a new catabolite were observed. By analyzing coupling constants and comparing the peak chemical shifts of the new compound with the peak chemical shifts of natural HMBA (calcium salt), we determined that the final product in the spectrum was $[\text{U-}^{13}\text{C}]\text{HMBA}$ (Table 2).

Catabolism of $[\text{U-}^{13}\text{C}]\text{Met}$ by lactococcal whole cells. Catabolism of 10 mM $[\text{U-}^{13}\text{C}]\text{Met}$ in the presence of 10 mM $\alpha\text{-KA}$ by whole cells of five strains of lactococci was investigated by performing a ^{13}C NMR analysis at pH 7.0 and 5.6.

Four of the five strains completely converted $[\text{U-}^{13}\text{C}]\text{Met}$ to HMBA. KMBA, the product obtained from transamination of $[\text{U-}^{13}\text{C}]\text{Met}$, was not detected under these conditions. Without $\alpha\text{-KA}$, 25 to 27% of the $[\text{U-}^{13}\text{C}]\text{Met}$ was converted to HMBA at pH 7.0 by these four strains. No catabolism of $[\text{U-}^{13}\text{C}]\text{Met}$ was observed with whole cells of strain HP. After HP whole cells were permeabilized with toluene, $[\text{U-}^{13}\text{C}]\text{Met}$ conversion to HMBA was observed. Regardless of the lactococcal strain or cellular treatment, no $\alpha\text{-ketobutyric acid}$, 3-methylthiopropionic acid, methional, methanethiol, or dimethyldisulfide was detected.

Catabolism of $[\text{U-}^{13}\text{C}]\text{Met}$ by lactococcal cell lysates and CEs. Conversion of $[\text{U-}^{13}\text{C}]\text{Met}$ to HMBA was observed with all five cell lysates and CEs. Unlike the results obtained with whole cells or permeabilized cells, transitory accumulation followed by depletion of KMBA was observed (spectra not shown). In all cases approximately one-half of the $[\text{U-}^{13}\text{C}]\text{Met}$ was converted to HMBA. When $\alpha\text{-KA}$ was not added, no conversion of $[\text{U-}^{13}\text{C}]\text{Met}$ by either cell lysates or CEs was observed.

Catabolism of $[\text{U-}^{13}\text{C}]\text{Met}$ by lactococci under conditions which simulate Cheddar cheese ripening. To study in vivo catabolism of $[\text{U-}^{13}\text{C}]\text{Met}$ by lactococci under cheeselike conditions (no carbohydrate, pH 5.1, 4% NaCl), we used a cell suspension in 66 mM $\text{KH}_2\text{PO}_4\text{-Na}_2\text{HPO}_4$ buffer (pH 5.1) which contained 4% NaCl. The $[\text{U-}^{13}\text{C}]\text{Met}$ catabolism by whole cells under cheeselike conditions is shown in Fig. 4. The results were similar to the catabolic process results obtained with cell lysates or CEs in the presence of $\alpha\text{-KA}$. In both experiments, KMBA accumulated initially and HMBA accumulated as the final product. When a cell suspension was used under the cheeselike conditions without $\alpha\text{-KA}$, a small amount of HMBA was detected, and approximately 13% of the total $[\text{U-}^{13}\text{C}]\text{Met}$ was metabolized.

Analysis of volatile sulfur compounds in headspace by GC. Methanethiol production was not observed in the NMR experiments. As methanethiol is known to have very low flavor threshold (concentration, <1 ppb), production of this compound even at a low level could have a significant impact on cheddar cheese flavor development. GC performed with a sulfur-specific detector provided a sensitive method for analyzing volatile sulfur compounds. The headspace gases of S3 whole cells incubated with Met in the presence or absence of $\alpha\text{-KA}$ was examined under cheeselike conditions. Three peaks were observed when the headspace gases were analyzed. Methanethiol was identified as the major product, and H_2S and dimethyldisulfide were also detected. The level of dimethyldisulfide was extremely low and might have been the result of a reaction of methanethiol with residual oxygen in the system. H_2S was found only in experiments performed with whole cells, and the presence of this gas was not dependent on the addition of Met. The amounts of methanethiol produced from Met, KMBA, and HMBA were determined (Table 3).

Enzymatic study. No detectable cystathionine lyase or Met lyase activity was observed in CEs prepared from strains S1, S3, HP, and 11007. Autolysis of strain S1, S3, HP, and 11007 cells was evaluated under NMR conditions by monitoring the intracellular aminopeptidase activities in the supernatants of cell slurries and comparing these activities to the activities in CEs prepared from the cell slurries. The levels of aminopeptidase activity in the supernatants of strain S1 and S3 cell slurries were 6 and 1% of the total levels of aminopeptidase activity observed in the corresponding CEs, respectively. Aminopeptidase activity was not detected in the supernatants of strain HP or 11007 cell slurries.

TABLE 2. ^{13}C chemical shifts, multiplicities, and one-bond carbon-carbon coupling constants of the starting, intermediate, and final products observed in this work

^{13}C NMR sample	Assignment	Measured data	Reference value (ppm)
Dioxane	External reference	67.4 ppm	67.4
L-[^{13}C]Met	CH ₃ S-	14.80, s	15.20 ^a
	-CH ₂ -	29.63, d, $^1J_{\text{CC}} = 35$ Hz	30.10
	-CH ₂ -	30.65, t, $^1J_{\text{CC}} = 34$ Hz, $^1J_{\text{CC}} = 35$ Hz	31.00
	-CHNH ₂ -	54.93, dd, $^1J_{\text{CC}} = 33$ Hz, $^1J_{\text{CC}} = 54$ Hz	55.30
	-COOH	175.1, d, $^1J_{\text{CC}} = 54$ Hz	175.30
KMBA	CH ₃ S-	15.1, s	15.04 ^b
	-CH ₂ -	27.5, d, $^1J_{\text{CC}} = 37$ Hz	27.57
	-CH ₂ -	39.5, t, $^1J_{\text{CC}} = 37$ Hz, $^1J_{\text{CC}} = 37$ Hz	39.61
	-CO-	205.7, dd, $^1J_{\text{CC}} = 38$ Hz, $^1J_{\text{CC}} = 62$ Hz	205.66
	-COOH	170.3, d, $^1J_{\text{CC}} = 62$ Hz	170.46
HMBA	CH ₃ S-	14.95, s	15.04 ^c
	-CH ₂ -	29.85, d, $^1J_{\text{CC}} = 36$ Hz	29.65
	-CH ₂ -	34.46, t, $^1J_{\text{CC}} = 36$ Hz, $^1J_{\text{CC}} = 36$ Hz	33.89
	-CHOH-	72.08, dd, $^1J_{\text{CC}} = 36$ Hz, $^1J_{\text{CC}} = 54$ Hz	70.58
	-COOH	181.72, d, $^1J_{\text{CC}} = 55$ Hz	179.51

^a Data from reference 27.

^b Data obtained from Aldrich Chemical Co. without correlation to any reference peak.

^c Data from the Sadtler collection.

DISCUSSION

This study demonstrated that Met catabolism by lactococci is initiated mainly by an aminotransferase. The cells of four of the five lactococcal strains examined completely converted Met to HMBA in the presence of α -KA. Without α -KA, these strains only partially converted Met to HMBA, suggesting that α -KA was limiting in whole cells under the conditions used. Whole cells of HP were not capable of converting Met to KMBA or HMBA in the presence of α -KA. However, conversion of Met to HMBA was observed with permeabilized HP cells. These results suggest that HP cells lack the ability to transport free Met under these conditions. However, this prob-

ably does not affect Met catabolism by HP in cheese as peptides are believed to be the primary sources of Met in the cheese matrix (11, 13). The product of the transamination reaction, KMBA, was not observed during Met catabolism by whole cells. However, KMBA accumulated and then disappeared with cell lysates and CEs. The decrease in KMBA concentration corresponded to an increase in HMBA concentration, indicating that KMBA was converted to HMBA. One interpretation of these results is that channeling occurs in whole cells, resulting in rapid conversion of KMBA to HMBA.

In preliminary experiments, we determined that commercially available α -ketobutyric acid, a lyase pathway product,

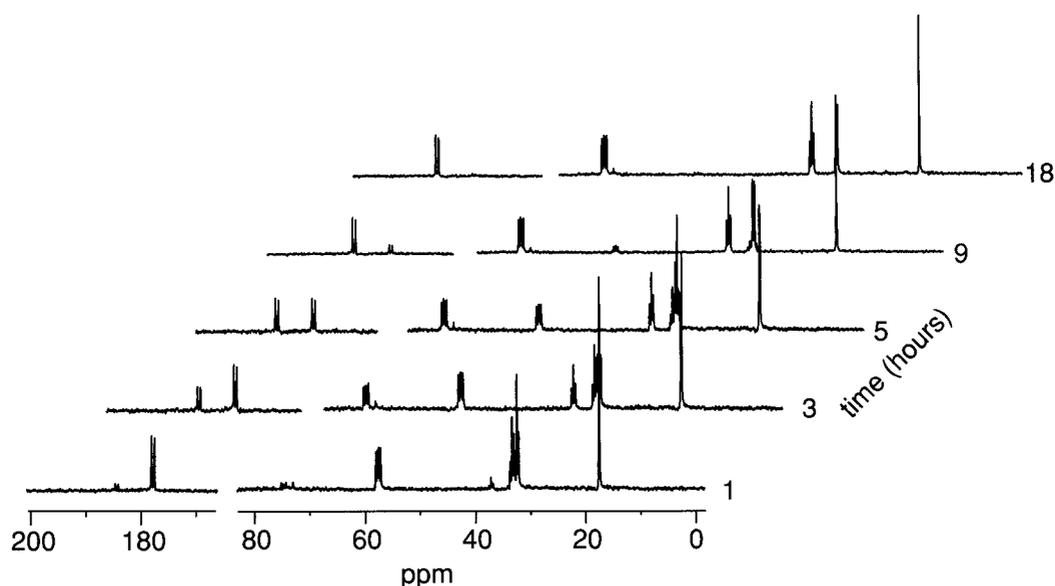


FIG. 3. ^{13}C NMR spectra showing the time course for consumption of [U- ^{13}C]Met by a suspension of *L. lactis* S3 cells in the presence of α -KA at 30°C and pH 7.0.

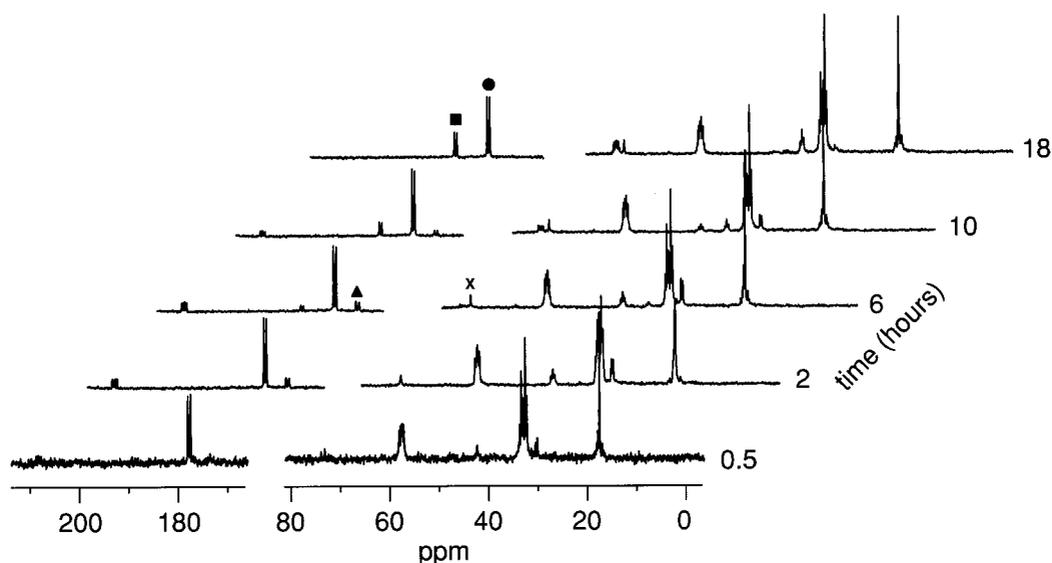


FIG. 4. ^{13}C NMR spectra showing the time course for consumption of $[\text{U-}^{13}\text{C}]\text{Met}$ by a suspension of *L. lactis* S3 cells in the presence of α -KA under cheddar cheese-like conditions (no carbohydrate, pH 5.1, 4% NaCl). The labeled peaks are peaks for C-1 of methionine (●), C-1 of KMBA (▲), C-1 of HMBA (■), and an unknown compound (×).

was partially decomposed into propionic acid in distilled water and buffer (data not shown). Neither α -ketobutyric acid nor propionic acid was ever detected regardless of the strain or conditions employed, suggesting that a lyase does not initiate Met catabolism in lactococci. In addition, no cystathionine lyase or Met lyase activity was detected in any of the lactococcal strains examined.

In ripening cheddar cheese, there is a lack of fermentable carbohydrate, the pH is approximately 5.1, and there is approximately 4% NaCl in the serum phase. These conditions have been shown to alter enzyme activities in lactococci (9). Therefore, to develop a better understanding of how lactococci catabolize Met under cheeselike conditions, ^{13}C NMR studies were conducted with whole cells, Met, and α -KA under these conditions. The results indicate that KMBA accumulates and that the final product is HMBA. The absence of lyase pathway products indicates that Met catabolism occurs predominately via the transamination pathway under cheddar cheese-like conditions.

Production of methanethiol was not detected in ^{13}C NMR experiments. To determine if this was due to the limited sensitivity of the ^{13}C NMR procedure, a headspace GC analysis was performed. In this study we used Met and its catabolites

identified by ^{13}C NMR (KMBA and HMBA) as the substrates. The results indicate that methanethiol formation from Met occurs via an aminotransferase pathway which converts Met to KMBA, followed by either enzymatic conversion or chemical decomposition of KMBA to methanethiol. These findings suggest that accumulation of KMBA in whole cells incubated under cheeselike conditions may play a critical role in methanethiol production. The high levels of methanethiol in the headspaces of whole-cell-KMBA reaction mixtures compared to the levels of methanethiol in the buffer-KMBA reaction mixtures suggests that enzymatic conversion of KMBA to methanethiol is primarily responsible for methanethiol formation by whole cells. The observation that the levels of methanethiol produced in CE-KMBA reaction mixtures were only equal to the levels of methanethiol produced in the buffer-KMBA reaction mixtures suggests that the enzyme responsible for the conversion of KMBA to methanethiol was either inactivated or removed during preparation of the CE. It is unlikely that the cystathionine lyases that have been described previously participate in this KMBA-to-methanethiol conversion as they require a free amino group (1). However, chemical decomposition of KMBA during cheese ripening may also play an important role in methanethiol formation. The predominant product of Met catabolism, HMBA, was also converted to methanethiol, most likely after conversion to KMBA. On the basis of these results, we propose that the Met catabolic pathway shown in Fig. 5 is the primary pathway for the production of methanethiol from Met by whole lactococcal cells.

Lactococcal cell autolysis is thought to play a role in flavor development in cheddar cheese, and the balance of autolysed and intact cells is believed to be important for the desired cheese-ripening events (5, 28). The results presented here suggest that while both whole cells and cells that have undergone autolysis are capable of methanethiol formation, the two types of cells utilize different pathways. In whole cells, KMBA, produced as shown in Fig. 5, is primarily enzymatically converted to methanethiol. The release of aminotransferases from lactococci by autolysis could result in accumulation of KMBA from Met. The KMBA could then decompose to form methanethiol

TABLE 3. Methanethiol production under cheddar cheese-like conditions (no carbohydrate, pH 5.1, 4% NaCl) after 18 h of incubation of 10 mM substrate with *L. lactis* S3 whole cells or CE^a

Substrate(s)	Methanethiol concn (ppb)		
	Buffer ^b	Cells + buffer	CE + buffer
Met	BQL ^c	18 ± 2	BQL
Met + α -KA	BQL	121 ± 17	16 ± 4
KMBA	122 ± 1	562 ± 44	114 ± 23
HMBA	BQL	146 ± 14	BQL

^a Both whole-cell and CE samples were prepared from the same culture as described in Materials and Methods.

^b The buffer was 66 mM KH_2PO_4 - Na_2HPO_4 containing 4% NaCl.

^c BQL, below quantifiable level (<5.0 ppb).

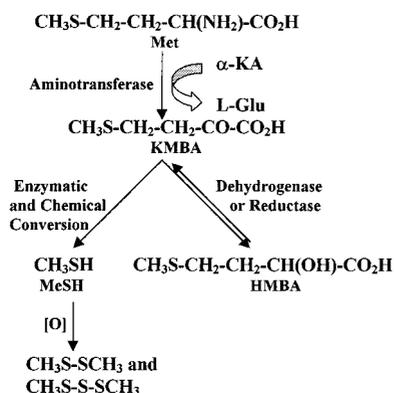


FIG. 5. Proposed primary pathway for formation of methanethiol from methionine by lactococci. MeSH, methanethiol.

directly or could be converted to methanethiol enzymatically by whole cells.

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